

Ponte Vedra NewsLine

OCTOBER 2019 Volume 6 Issue 10

Ponte Vedra, Palm Valley, Nocatee and South Ponte Vedra Beach

A Florida NewsLine Publication



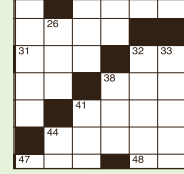
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St. Augustine Wild Reserve acquires new tiger cubs, coati and tortoises

By NewsLine Staff
mail@floridanewslines.com

Born in November 2018, the St. Augustine Wild Reserve's new tiger cubs, Shiva and Rupa, have grown by leaps and bounds. Now nine months old, the girls weigh well over 150 pounds. They are very well mannered, and are walked on leashes daily.



Photo courtesy Deborah Warrick
Bottle feeding Rupa

The Reserve has also added a brand new coati mundi to the sanctuary. Cocoa is a mountain coati mundi, related to the raccoon, in the family Procyonidae. This coati subspecies resides in the Andes Mountains of South America. Cocoa is extremely intelligent and playful, and will weigh around 15 pound when fully grown. Coatis walk in the plantigrade fashion, on the soles of their feet, just like humans do. They have long, non-retractable claws that they use to rip into rotting logs to obtain yummy grubs and other insects. They are omnivores, so besides grubs, they enjoy fruits, rodents, bird eggs and even crocodile eggs.

Wild Reserve cont. on pg. 16

Horseplay provides hippotherapy for kids

By Martie Thompson
editor@floridanewslines.com

Vicky Carregal had worked as a physical therapist specializing in pediatrics for more than 10 years when she was exposed to hippotherapy, which uses a horse's movements as a therapeutic or rehabilitative treatment. She said she started using this newfound knowledge with three or four children that were already patients of hers and found they started seeing expedited progress: the children became stronger and more mobile.

"It took just a few months for me to realize how successful this could be," Carregal said. "I brought in a speech therapist and an occupational therapist and we were amazed at the progress."

Carregal said that children who arrived for therapy in an agitated state would just settle and calm down and be able to do a task.

"It's almost like the horse knows he needs to counterbalance the child," Carregal said.



Ana has Down Syndrome. Common diagnoses treated at Horseplay Therapy Center are Down syndrome, autism spectrum disorder, cerebral palsy, sensory processing disorder and developmental delay.

She formed Horseplay Therapy Center in 2014 as a 501(c) 3 since she feels passionate about offering hippotherapy to everyone who needs it. Although insurance is accepted, the non-profit status allows the organization to hold fundraisers and have sponsors.



Eli gets PT; he has SMA (Spinal Muscular Atrophy) and he works a lot on core strengthening and balance.

According to Carregal, Horseplay's largest fundraiser is its annual Fall Festival, which takes place at Southeast Veterinary Hospital on State Road 207, right next door to Horse-

play Therapy Center. This year's family friendly event will be held on Saturday, Nov. 2 from 12 p.m. – 4 p.m. Carregal said the fundraiser will feature all types of games and activities, including pony rides, and the community is invited to attend — and support Horseplay.

Carregal said that Horseplay Therapy Center presently has six horses — Captain, Brave, Ringo, Lizzie, Ringo, Rebel and Stoney — as well as Prissy, who belongs to a woman who volunteers with the group two days a week. The horses all have a particular temperament, which allows them to be therapy horses; they have to keep a brisk pace and be strong, but they never work more than two hours in a day. Carregal said that Horseplay's location, off State Road 207, also offers three treatment rooms for "off the horse" therapy.



Kaelynn, who works with Melinda Clark, the occupational therapist, is riding Captain.

So what does hippotherapy look like? Carregal said it is different from therapeutic riding, which teaches basic riding



Photos courtesy Vicky Carregal
Vicky Carregal, founder of Horseplay Therapy Center, with Captain.

skills. Instead, at Horseplay Therapy Center, they outfit the horse with bare-back pads and no stirrups or reins in order to allow the child to receive as much movement from the horse's movement as possible. The child then begins to move in rhythm and in sync with the horse, improving balance and stabilization of the child's core. According to Carregal, a horse's hips and pelvis move much like a human's, so therapists are able to work on a child's posture while on the horse.



Therapy horse Brave.



Therapy horse Rebel.

Horseplay cont. on pg. 13

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BFF Best Furry Friend of the month



Meet Sawyer!

BREED:
Tuxedo cat.
FAVORITE ACTIVITY:
He loves to play and take naps. His favorite time of day is mealtime.
FAVORITE TREAT:
Tuna treats
FAVORITE FRIEND:
Juliette
HOW YOUR BFF GOT THEIR NAME:
Sawyer was a character on the show "Lost" who was a rebellious, good natured guy. Juliette was also a character on the show, and they were a great couple.

This month's sponsor:
Palencia Pet Clinic
159 Palencia Village Dr #101
www.palenciapetclinic.com

Do you have a cute pet? Send us your pet's picture and the answers to the five questions above before the 10th of the month. Your pet could be our BFF of the month and you could win a Gift Certificate!
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MYSTERY PHOTO



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Last month's Mystery Photo was the entrance to Palm Valley Fish Camp. Our winner was Matthew Koziol. Congratulations!

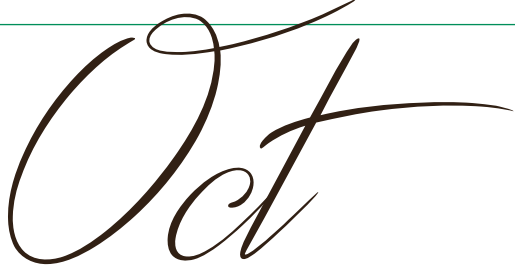


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around town

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		1	2	3	4	5
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Oct. 1
U.S. Coast Guard Auxiliary Flotilla 14-4
 7:30 p.m.
 Sea School, 14180 Beach Blvd.
boatsafely04@gmail.com

Oct. 1
Palm Valley Farmers Market
 1 p.m. – 4 p.m. (repeating event on Tuesdays)
 Palm Valley Community Center, 148 Canal Blvd.
www.facebook.com/PalmValleyFarmersMarket/

Oct. 1
Daughters of the American Revolution (DAR) Ponte Vedra Chapter meeting
 10:45 a.m. – 1 p.m.
pontevedrachaptersdar@aol.com

Oct. 1 - Nov. 5
Free Quit Smoking Now Class
 Tuesdays, 6 p.m. – 7 p.m.
 Flagler Health+ Wellness Center
 Call Florida AHEC to register (904) 482-0189

Oct. 2
PVB Division Chamber Before Hours
 8 a.m. – 9 p.m.
 Lippes Mathias Wexler Friedman LLP, 822 A1A N.
 RSVP: [Sjcchamber.com](http://www.sjcchamber.com)

Oct. 2
Jacksonville Camera Club
 6:45 p.m.
 Shepherd of the Woods Church, 6595 Columbia Park Ct.
www.jaxjaxcameraclub.com (repeating event, first and third Wednesdays)

Oct. 2
Newcomers Alumnae monthly luncheon
 11 a.m. – 1 p.m.
 Marsh Landing Country Club
 RSVP: brookemeister@msn.com

Oct. 3
U.S. Coast Guard Auxiliary Flotilla 14-7
 6:30 p.m. – 8 p.m.
 St. Augustine Yacht Club near the St. Augustine Lighthouse
pa@mysafeboating.com

Oct. 4
GTM Research Reserve new volunteer orientation
 10 a.m. – 11:30 a.m.
 Environmental Education Center, 505 Guana River Road
 (904) 823-4500

Oct. 7
Current Events Discussion Group
 10 a.m. (repeating event on Mondays)
 Amenities Annex, 625 Market St., Palencia
adsilby@yahoo.com

Oct. 7
Beaches Toastmasters Club
 7 p.m. – 8:30 p.m. (Repeating event on Mondays)
 Baptist Hospital Beaches, Wilson Epstein Building
cgsml3@yahoo.com

Oct. 9
Toastmasters Club #5199 Ponte Vedra Beach
 7:30 a.m. (repeating event on Wednesdays)
 Players Community Senior Center, 175 Landrum Lane
carmenjsardinas@gmail.com

Oct. 9
Newcomers of the Beaches luncheon
 11 a.m. (repeating event, second Wednesday of each month)
 Marsh Landing Country Club, 25655 Marsh Landing Pkwy.
 RSVP: www.newcomersofthebeaches.com

Oct. 10
Shorebird Walk at Matanzas Inlet with St. Johns County Audubon Society
 9 a.m. – 11 a.m.
 Matanzas Inlet West Parking Lot, 8655 A1A S., St Augustine
www.stjohnsaudubon.com

Oct. 11
Food Truck Friday
 6 p.m. – 9 p.m.
 Nocatee's Splash Waterpark

Oct. 12
Family seining
 9 a.m. – 11 a.m.
 Guana Dam, 505 Guana River Road
 (904) 823-4500

Oct. 14
Hurricane Dorian make-up day for St. Johns County Schools
 School is in session

Oct. 14
Ponte Vedra Beach Municipal Service District Meeting
 6 p.m.
 Ponte Vedra Beach Branch Library
www.pvmsd.org

Oct. 14
Caregiver support meeting
 12 p.m. – 1 p.m. (repeating event on Mondays)
 Ponte Vedra Memory Care Center, 1048 A1A N.
 (904) 297-0061

Oct. 15
Ponte Vedra Friends of the Library Speaker Series: Dorothy Fletcher, Teacher, Author and Poet
 6:30 p.m.
 Ponte Vedra Beach Branch Library, 101 Library Blvd.
 Free and open to the public

Oct. 15
St. Johns CARES meeting
 6:30 p.m.
 Celebration Lutheran Church, 810 Roberts Road
www.stjohnscares.org

Oct. 16
Aging Parent Support Group
 6 p.m.
 First Atlantic Bank building, 100 Corridor Road S., Ste. 280
 Limited space; RSVP to Karen Feliciano, (904) 907-7880

Oct. 16
Ponte Vedra Beach Wednesday Book Club:

"Beartown" by Fredrik Backman
 11:15 a.m. – 12:30 p.m.
 Ponte Vedra Beach Branch Library
 (904) 827-6950

Oct. 17
Adult Coloring Club
 10 a.m. – 12 p.m.
 Ponte Vedra Beach Branch Library
 (904) 827-6950

Oct. 19
Ancient City Chapter of Florida Writers Association meeting
 10 a.m.
 Main Library, 1960 N. Ponce de Leon Blvd., St. Augustine
 Open to the public; fwastaug@gmail.com

Oct. 19
Nocatee Farmers Market: Fall Festival
 10 a.m. – 1 p.m.
 Town Center Field, Nocatee

Oct. 23
What is Rocket Science Anyway? presented by Dr. Ralph Treder, NASA Solar System Ambassador
 3 p.m. – 4 p.m.
 Ponte Vedra Beach Branch Library
 (904) 827-6950

Oct. 24
Open House
 9 a.m. – 11 a.m.
 Starling at Nocatee, 999 Crosswater Pkwy.
 Light refreshments; tours every 15 minutes.
 No RSVP needed

Oct. 25
St. Johns County Chamber of Commerce 2019 Branded Breakfast and Awards
 8:30 a.m.
 Shell Hall, 1 World Golf Place
 Register: www.sjcchamber.com/events/details/branded-2019

Oct. 26
U.S. Coast Guard Auxiliary Flotilla 14-7: About Boating Safely course
 8:30 a.m. – 4:30 p.m.
 NE FL Regional Airport Conference Center, 4730 Casa Cola Way
<http://abs.mysafeboating.com>

Oct. 28
Ponte Vedra Beaches Coalition
 10 a.m. – 12 p.m.
 Ponte Vedra Beach Branch Library, 101 Library Blvd.
www.PVBCoalition.org

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take 5



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Children's Behavioral Health Summit scheduled

The St. Johns County Behavioral Health Consortium will host the Children's Behavioral Health Summit on Oct. 14 from 8:30 a.m. – 3 p.m. at First Coast Technical College, Building C Conference Center, 2980 Collins Ave. in St. Augustine. This event will feature keynote speaker Dr. Kimberly Renk, Ph.D., an associate professor in the clinical psychology Ph.D. program at the University of Central Florida and panelists Jason Barrett, CEO of Flagler Health+; St. Johns County Sheriff David Shoar, St. Johns County Superintendent of Schools Tim Forson, and Dr. Rheka Prasad, Ph.D. of EPIC Behavioral Healthcare. The Children's Behavioral Health Summit is held to bring together a broad representation of stakeholders in the community in order to initiate strategic planning to make children a priority. Admission to the event is \$10 and is open to the community. Visit www.sjcbhc.com/news-and-events for more information and to register.

Cummer Beaches to host art lecture in collaboration with Beaches Museum

Cummer Beaches, an affinity group of the Cummer Museum of Art and Gardens, and the Beaches Museum will host a lecture by University of North Florida professor Peter Scott Brown at

the Beaches Museum Chapel located at 505 Beach Blvd. in Jacksonville Beach. The lecture, entitled "The Cummer Parable of the Marriage Feast," will be held on Oct. 4 from 6 p.m. – 7 p.m.; doors will open at 5:30 p.m. Among the masterpieces at the Cummer Museum is an exceptional but little known painting from the northern Renaissance currently attributed to the 16th century master Pieter Aertsen. The painting is not in fact by him, but the mystery of its authorship and its meaning turns out to be far more interesting. Brown has a PhD in art history from Yale University. He specializes in Medieval and Renaissance art, and lives with his family in Ponte Vedra Beach. The program is free and open to the public, and is sponsored by Diane DeMell Jacobsen, PhD. Visit cummuseum.org/beaches for more information.

Fantasy Farms Animal Preserve to hold fundraiser

On Saturday, Oct. 26 from 6 p.m. – 10 p.m., Fantasy Farms will host Hooray for Old Hollywood at the Fantasy Farms Animal Preserve located at 194 S. Roscoe Blvd. Attendees are invited to dress up as a movie star or favorite movie character and stroll among the classic cars, domestic and exotic animals on the beautiful grounds, and enjoy delicious food, entertainment and a few surprises. There will be a 50/50 cash raffle and silent auction, which will

include a 2018 Ryder Cup Golf Bag autographed by Captains Jim Furyk and Thomas Bjorn, an experience riding with the Turtle Patrol, Italian cooking class, Larry Bird signed basketball, original paintings, vodka tasting and more. Tickets may be purchased at www.fantasyfarmsevents.org.

Saltwater fishing classes offered

The St. Johns County Parks and Recreation Department will offer a series of classes on the ins and outs of saltwater fishing in Florida. Attendees will learn how to buy the correct rod and reel, assemble a fishing rig, the rules and regulations associated with saltwater fishing, and catch and release techniques. Classes will be held on Tuesdays from Oct. 2 through Oct. 30 from 9 a.m. – 11 a.m. at the Usina Boat Ramp, 603 Euclid Ave. in St. Augustine. All participants must have a Saltwater Shoreline License. Contact Kelly Ussia at kussia@sjcfl.us or (904) 209-0335 for more information or to sign up.

Jacksonville University Singers to perform at library

The Friends of the Ponte Vedra Beach Library present the Jacksonville University Singers in concert on Oct. 22 at 6

p.m. at the Ponte Vedra Beach Branch Library, 101 Library Blvd. in Ponte Vedra Beach. The 26 members perform an eclectic and challenging repertoire which includes folk songs, music theatre, opera, new music from living composers, Renaissance polyphony, Baroque and Classical. The University Singers maintain an active performance schedule appearing on campus, in the community and on tours. The concert is free and open to the public. Seating is limited.

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December 3, 6-8 p.m.

Bartram Campus
November 6, 6 p.m.
November 7, 9 a.m.

San Jose Campus
October 25, 8 a.m.
November 15, 8 a.m.

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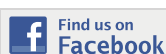
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with State Attorney, 7th Judicial Circuit,
R.J. Larizza

Q: Can you share some of the tools available to you when trying to solve a cold case?

A: Cold cases, which are defined as being unsolved after a year or more, are always challenging. But, especially with the advent of technology, we have many tools at our disposal to try to solve them. We can use forensic evidence like ballistics (shell casings) and DNA, which we submit to databases, many of which are shared nationally. Genetic genealogy is a new and useful technology. We have also used surveillance video, both at residences (like a Ring camera) or at commercial properties, and nanny cams inside homes. License plate readers are strategically located at intersections, allowing us to verify if someone has driven in the area. It's a brave new world and we can track people down in many ways.

Q: Do you have any examples?

A: We just had a big break in the Daytona Beach Serial Killer case. In 2005 and 2006, three women were raped and murdered in Daytona Beach. We had DNA profiles on two of the women, but no suspect. The third woman was linked to one of the two women via ballistic

evidence. We put the DNA profiles in the Florida Department of Law Enforcement database, which contains both known and unknown suspects. Eventually, the DNA collected from a murder in Palm Beach County matched the Daytona Beach profiles, so now we have four victims.

Q: How did you find the suspect?

A: The breakthrough came using genetic genealogy — we were able to find a family member of the suspect via DNA samples that had been voluntarily submitted to a commercial genealogy site. Once we found a family member, we were able to identify the suspect. We started looking for him and once we found him, got a DNA sample and compared it to the unknowns in Daytona Beach and Palm Beach. It matched. We could then link him to the fourth murder via the ballistics evidence. It took many different tools to navigate the web of evidence and arrest the suspect.

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FYI Contact Numbers

St. Johns County Local Government (www.sjcf.us)

Sheriff's Office: Sheriff David B. Shoar, dshoar@sjso.org, (904) 824-8304
Ponte Vedra Field Office: (904) 209-2215

Property Appraiser: Eddie Creamer, sjcpa@sjcpa.us; (904) 827-5500

Supervisor of Elections: Vicky Oakes, voakes@votesjc.com, (904) 823-2238

Tax Collector: Dennis Hollingworth, taxcollector@sjctax.us, (904) 209-2250

Clerk of Court: Hunter S. Conrad, (904) 819-3600

St. Johns County Board of County Commissioners

District 1: Jimmy Johns, bccljohns@sjcf.us, (904) 209-0301
District 2: Jeb Smith, bcc2jsmith@sjcf.us, (904) 209-0302
District 3: Paul Waldron, bcc3pwaldron@sjcf.us, (904) 209-0303
District 4: Jeremiah Blocker, bcc4jblocker@sjcf.us, (904) 209-0304
District 5: Henry Dean, bcc5hdean@sjcf.us, (904) 209-0305

St. Johns County School Board

(www.stjohns.k12.fl.us)
District 4: Kelly Barrera, kelly.barrera@stjohns.k12.fl.us, (904) 547-7510

State of Florida Elected Officials

Governor Ron DeSantis, (850) 488-7146

State House District 17: Representative Cyndi Stevenson, Cyndi.Stevenson@myfloridahouse.gov, (904) 823-2300

State Senate District 7: Senator Travis Hutson, (386) 446-7610

Federal Elected Officials

U.S. Congress District 4: Representative John Rutherford, (202) 225-2501

U.S. Senate:
Senator Marco Rubio, (202) 224-3041
Senator Rick Scott, (202) 224-5274



with St. Johns County School Board Member, Kelly Barrera, District 4

Q: Can you give us an update on High School HHH?

A: We are moving ahead with the new high school. We have secured the architectural firm and district staff has looked at a middle school in Orlando to use as a prototype. This will meet all the legislatively-mandated construction caps that we cannot exceed. (Our most recently built high schools would exceed these expenditure caps.) It also meets the current, updated safety codes.

Q: When will construction begin and when will zoning be determined?

A: We hope to break ground before the end of 2019. We will look at zoning in early 2020, which is about 18 months before the school is set to open. This will give parents plenty of advance notice and also allow the school to start building its community. We plan to open the school with ninth through 11th grade and add 12th grade the following year.

Q: Will the new school include career academies?

A: We have looked at career academy space in the building, but no decision has been made. There will likely be three offered. We are looking at the northeast Florida workforce educational needs as well as input from business partners. We will be looking not just at what skills are needed now, but what skills can be transferred to other areas in the future.

Q: Can you tell us about the new program offered at First Coast Technical College?

A: This involves an amazing partnership between Northrop Grumman and is modeled after a successful program in California. There will be a 14-week course on aircraft fabrication that is all hands on. Northrop Grumman will guarantee graduates the opportunity to interview for a job and Goodwill will provide financial assistance.

It's important for folks to know that FCTC is a St. Johns County School District technical school that also offers dual enrollment in addition to a range of career-focused programs. Applications are available on the website until Oct. 31.

Q: Do you have anything else to share with District 4?

A: I'd like to thank all the volunteers who came together when several of our schools participated in relief efforts for Hurricane Dorian. Individual schools held various drives to collect supplies for people in the Bahamas.

I'd also like to publicly congratulate our Finance Department, which earned the Certificate of Excellence in Financial Reporting awarded by the Association of School Business Officials International, for its Comprehensive Annual Financial Report for the fiscal year ended June 30, 2018. They are a small, but mighty hard working team.

Finally, I'd like to spotlight the Flagler Hospital initiative, St. Johns Care Connect (www.stjohnscareconnect.com). They have partnered with several agencies like EPIC and Catholic Charities as well as the county to provide resources to people in need across the board, including access to dental services, prescription assistance, transportation assistance and mental health services. They are working with our Student Services Department and the program has really grown.

Q: How can our readers contact you?

A: They can email me at kelly.barrera@stjohns.k12.fl.us or call me at (904) 547-7510.



with St. Johns County Supervisor of Elections Vicky Oakes

Q: What are you busy with at the Supervisor of Elections office this fall?

A: We are getting ready for our voter education programs in high schools. Annually, we go to each high school in the county and target the senior class for our presentation. We offer voter education and voter registration on site. Some students can pre-register at 16 years of age and then when they turn 18, they can vote immediately. We offer these programs throughout October and November. We also go to St. Johns River State College and other colleges.

Q: What do you cover?

A: We go over the importance of voting with a focus on the 2020 elections. A lot of our senior students will be voting for the first time in 2020. We like to address two classes at a time in an auditorium, but we also go directly into classrooms with our presentation. We talk to the students and allow them to ask questions and we try to clear up any misunderstandings.

Last year, we went to the Florida School for the Deaf and Blind too. We take our ADA-compliant ExpressVotes election

equipment and let the students have a hands-on opportunity to vote and see how easy it is.

Q: Do you hold other voter drives outside of high schools?

A: Yes, we also do community events. We bring awareness of the 2020 elections and get people prepared to vote with our voter registration drives. On Oct. 19, we will be at the Nocatee Farmers Market. We try to visit areas all over the county.

Q: How can people find out where the voter registration drives are?

A: We have them listed on our website on our calendar. If a civic or neighborhood group wants to schedule our office for a voter registration drive, all they need to do is call or email us. Let us know the date and location of the event and we will be happy to come out.

Q: What is the best way for our readers to contact you?

A: Readers can email me at voakes@votesjc.com or call me at (904) 823-2238. Our website, www.votesjc.com also has a wealth of information.

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with St. Johns County Property Appraiser Eddie Creamer

Q: At what part of the calendar year is the Property Appraiser's Office?

A: TRIM notices are out and tax bills for 2019 are next. We are moving on to the 2020 tax year, and it is not too early to talk about filing for exemptions. Until March 1, 2020 people in the county who qualify for an exemption need to apply. You don't have to wait until the beginning of the year; you can apply now online (www.sjcpa.us) or in our office.

Q: What are some of the exemptions that are available?

A: First is the homestead exemption, which carries a \$50,000 reduction in assessed home value. To qualify, you must live in your home as your primary residence on Jan. 1, 2020.

Also available is the Low Income Senior Exemption. If a homeowner is 65 years of age or older, with an adjusted gross income of \$30,174 or less, they would qualify for an additional \$50,000 exemption. If the home the senior lives in now has been homesteaded for the past 25 years and the value of the home is \$250,000 or less, the senior may qualify for a total exemption of county taxation. This is called the Long Term Senior Exemption.

Other exemptions include:

- Widow/widower, \$500
- Blindness or other permanent disability, \$500
- Permanent and totally disabled homeowners' homesteads may be exempt in entirety

- Military veteran, \$5,000
- Totally and permanently disabled veterans' homesteads may be totally exempt from taxation
- Homeowners who are 65 years or older and have combat-related injuries may receive an extra exemption
- Surviving spouse of a veteran who died in combat while on active duty may qualify for a total exemption
- Servicemembers who are deployed during the year may qualify for a total exemption for the portion of the year in which they are deployed
- Totally and permanently disabled first responders, if the disability occurred in Florida, may be totally exempt, as would their surviving spouse.

Q: Do you have any tips for navigating whether one qualifies for an exemption or not?

A: As you can see, there are a lot of specific exemptions, more than we can go over here. My best advice is if an individual thinks they may qualify, please call our office. I am constitutionally mandated to make sure citizens receive every exemption to which they are entitled. An additional request is please don't wait until the last minute.

Q: What is the best way for our readers to contact you?

A: Our office is located at 4030 Lewis Speedway Ste. 203, (904) 827-5500. It is open Monday – Friday, 8:30 a.m. – 5 p.m. Also, readers can email me at Edie@sjcpa.us or call me at (904) 827-5500.



with St. Johns County Commissioner Jeremiah Blocker, (District 4)

Q: Do you have the dates set for your October office hours in Ponte Vedra Beach?

A: This month, I will be at the Ponte Vedra Beach Branch Library on Friday, Oct. 18 from 10 a.m. – 5 p.m. Citizens need to make an appointment by calling my office at (904) 209-0304 so I can be best prepared to respond to their questions.

Q: Do you have any update on the beach renourishment Town Hall meeting that has been delayed due to the recent hurricane?

A: This will probably take place in November at this point. We are still trying to line up people's schedules to attend.

Q: Do you have any comments about the latest developments in the Outpost property (as of interview date of Sept. 12)?

A: I am aware of efforts by Gate to open things up for a purchase of the property by public entities or private preservation groups. There are challenges to this that we would need to work on and I don't know that we've made a lot of progress at this point.

Q: Can you give us an update on beach renourishment, as well as how the beaches held up after Hurricane Dorian?

A: Overall, our beaches fared well after Dorian. Hurricanes are a way of life in our area and we constantly need to address the situation. People ask about why we don't look like Jacksonville Beach, but it has had a beach renourishment program for the last 10 – 15 years and we are still catching up. We are moving in the right direction, but we are behind them. Our biggest challenge is finding the local funding sources to match the funding from the state and federal levels.

Q: What do you see as sources for this local funding?

A: We do have some money in this year's St. Johns County budget and we have reallocated a portion of the tourism bed tax to pay for beaches. We continue to explore in the future potentially raising the bed tax for this purpose.

Q: Do you have any other items to share with the citizens of District 4?

A: I am working on our public spaces. We might have the opportunity to improve parks in Ponte Vedra Beach by partnering with the Ponte Vedra Cultural Council on its relocation and with the Ponte Vedra Concert Hall as needed improvements there are done. This is very preliminary and in the pre-planning stage, but I'm hoping to get board approval to have county staff come up with a master plan and then a feasibility plan to possibly co-locate a park site at the new home of the Ponte Vedra Cultural Council and potentially include a park at the Ponte Vedra Concert Hall as part of its improvements.

Also, we are looking at possibly entering into an agreement with surrounding counties to create a regional council to study, address and prevent suicide by veterans. I strongly support this and I plan to bring a request to the board to ask staff to review such an interlocal agreement.

Q: What is the best way for our readers to contact you?

A: Readers can email me at bcc4j-blocker@sjcfl.us or call me at (904) 679-2620.

Medicare Open Enrollment October 15 – December 7



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Answers to puzzles on page 14

Answers to our Puzzles

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Answers: A. antique B. shop C. refinish D. bargain

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ST. JOHNS Business Monthly

MarketInsight



The Home of the Brave

By Scott Grant
ScottGrant@StJohnsBusinessMonthly.com

He was born in 1919 outside Knoxville. It is doubtful that the farm boy from Tennessee ever met a Jewish person prior to enlisting in the Army as a private. He enlisted at Fort Oglethorpe, Ga. in March 1941, before Pearl Harbor, before the U.S. entered World War II. He served for the entirety of the war. Along the way he rose to the rank of Master Sergeant and was in France after D-Day when his unit, part of the 106th Infantry Division, was overrun during the Battle of the Bulge. He and many of his brothers in arms were captured by the Germans.

That is how Master Sergeant Roderick "Roddie" Edmonds found himself as the senior non-commissioned prisoner of war in Stalag IX-A. Unlike the movies, officers and enlisted personnel were normally held in separate camps by the Nazis. Stalag IX-A contained nothing but non-commissioned officers. Master Sergeant Edmonds was the ranking noncom in the camp, a camp that held 1275 American soldiers.

In January 1945, the Kommandant of the Camp, an SS officer named Major Siegmann, ordered Edmonds to have only the Jewish soldiers fall out for roll call the following morning. Edmonds realized that if he complied with the odious command, he might well be signing the death warrant for approximately 200 Jewish prisoners, all of them members of the U.S. Army. The next morning it was bitter cold. Edmonds ordered the whole camp to fall out.

Seeing all the prisoners standing in formation, Major Siegmann approached in a furor and bellowed, "They cannot all be Jews!"

Edmonds' heroic response, "We are ALL Jews here," still brings goosebumps.

The jack-booted Aryan was infuriated. He repeated his command for Edmonds to segregate the Jews under his command. Edmonds refused citing the Geneva Convention. The enraged Nazi then pulled his Luger pistol and placed the barrel against Edmond's forehead and repeated his demand. At that point, Roddie Edmonds of Knoxville, Tennessee performed one of the bravest acts of man ever committed.

"You can shoot me," he told the frothing Nazi, "but if you do, you are going to have to shoot all of us because we know who you are and you'll be tried for war crimes when we win this war."

Major Siegmann, an SS Officer, a man used to terrorizing the weak, holstered his weapon and stormed off with his tail between his legs. Two hundred Jewish-American G.I.s were saved from near certain death.

Edmond's story was not told for decades. Like many of his generation, he was quiet about his experiences during the war. It was not until long after his death that he was recognized for his bravery by the State of Israel in 2015. Bills seeking to award him a Congressional Gold Medal have stalled in Congress for more than three years.

Roddie Edmonds is a poignant reminder of the fact that we are always stronger when we stand together.

Scott A. Grant is a local author, historian, columnist, and speaker. He is President of Standfast Asset Management in Ponte Vedra Beach. He welcomes your comments or questions at scottg@standfastic.com.

How remote workers can separate work life from family life

By NewsLine Staff
mail@floridanewslines.com

Working remotely from home or another location has become the norm for many professionals. The ability to set one's own hours and avoid lengthy commutes can be quite a boon to productivity. Business owners also may find they can reduce overhead costs by not keeping a static office location.

Those who work exclusively from home may find it challenging to separate their work from family life and vice versa. While there is bound to be some overlap, the following strategies can help remote workers deftly manage their responsibilities to their employers and their families.

Establish a clear-cut workspace: Working at the dining room table or in the bedroom may seem convenient, but these places are full of distractions, whether workers realize that or not. Plus they may cause the mind to wander, as they're usually associated with other tasks, like eating or lounging. Creating a specific work-only area is a great way to stay on target and maintain focus.

Build in break times: Treat working at home as you would working in an office. Schedule breaks to get up and run errands, eat lunch away from your desk, take a breather to soak up some sunlight, or engage in a brief conversation with a friend.

Turn a blind eye to distractions: Is the laundry piling up? Does the dog need



Photo courtesy MetroCreative

Finding the balance between work and home life when your home is your place of employment can be tricky, but practice makes perfect.

a walk? What about that grocery list? Home life distractions and needs can slowly creep into your work realm if you let them. If you're meant to be putting in hours, resist the urge to do household chores. Instead, wait for break times to handle such tasks. Remember, if you wouldn't be doing it in an office setting, you shouldn't be doing it while working remotely.

Maintain a consistent schedule: Working from home affords workers the chance to make a doctor's appointment or pick up a sick child from school. But it's easier to get into work mode and then disengage from work mode if you have a relatively consistent schedule. A schedule also makes it easier for coworkers and clients to know when they can get in touch with you — and when it's family time.



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The Sheriff Reports

By St. Johns County Sheriff David B. Shoar

OffenderWatch Program

Did you know that sex offenders or predators move an average of four times a year? It is for this reason that our citizens want and need easy access to sex offender data so they can run neighborhood searches around their home and school. About 80 – 90 percent of us likely have a sex offender living within a one mile radius of our home, our children’s school, and place of work.

The OffenderWatch Program is an online tool to keep you better informed as to where registered sex offenders and predators reside in our county. This system will enable anyone with an internet connection to search for registered sex offenders and predators within our county by name or address.

This program is two-fold: A geographic tool and an email notification program. With the geographic tool, any address in the county can be entered into a search engine, and a map will be displayed showing full information on the location of any registered sex offenders or predators living within a mile radius of that address.

The email notification program allows any person to enter up to five addresses in the county so that the Sheriff’s Office can give notification of any offenders or predators who moves within one mile of that address. To sign up for the OffenderWatch program, visit www.sjso.org, and click on the “I want to Locate Sex Offenders” tab on the right hand side of the Home Page, then scroll down to the

OffenderWatch link. Instructions will guide you through the process.

Also you will find safety tips for parents and children on our website. With recent events involving crimes against children, parents should remain diligent by knowing where their children are at all times.

Be familiar with their friends and daily activities, especially online and whom they might be “talking” to. Help build self-esteem in your child, listen carefully to their fears, and be supportive in all your discussions with them.

Replace your child’s fear with knowledge and guide them in their decision-making. Practicing age-appropriate life skills early could assist them with more complex situations later. Teach them to trust their own feelings and assure them they have a right to say “no” to what they sense is wrong. Teach your children that no one should approach them or touch them in a way that makes them feel uncomfortable. If someone does, assure them you are the person to discuss it with.

Most importantly, if someone tries to take a child away, the best defenses are the child’s legs and voices. Try to run and scream before someone gets too close and call 911 immediately.

Visit www.sjso.org for more information on this topic as well as many others. Feel free to email me at dshoar@sjso.org with any questions or concerns.



Photo courtesy Lisa Farese
Ocean Palms Elementary School PTO, led by Jennifer Werba and Stacy Rendzio, seeks to raise \$150,000 to replace the school’s 15-year-old playground.

Ocean Palms PTO works to keep healthy balance of work and play for students

The Parent Teacher Organization (PTO) at Ocean Palms Elementary School is swinging into the new school year with a goal that will keep children grounded in play. The plan is to raise approximately \$150,000 this year from school families, corporate sponsors, grants and generous community members to replace the current 15-year-old play structure that serves the more than 600 students at the school. The play structure, which provides much-needed mental breaks, stress reduction and important physical exercise for students, is a big part of the children’s school day. So, the PTO is sliding in with a grass-roots fundraising campaign. If the fundraising goal is reached this year, a new playground will be installed next summer. Contact committee chairs, Jennifer Werba (Jennifer.Werba@gmail.com) and Stacy Rendzio (Stacy.Renzio@gmail.com) to find out how you can help with this project.



Photo courtesy Andrea Smith

Newcomers enjoy lunch and camaraderie

The Newcomers of the Beaches meet for lunch on the second Wednesday of each month. This month’s luncheon will be held on Oct. 9 from 11 a.m. – 1 p.m. at Marsh Landing Country Club, 25655 Marsh Landing Pkwy. This social club consists of a fun and diverse group of women who have recently moved to the beaches and/or have gone through a major life event. Visit www.newcomersofthebeaches.com for more information or to make a reservation for the luncheon. Pictured are Sue Hamre, Betty Ann Santangelo and Andrea Smith.



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Sat	Private Transfer from hotel to ship		
Sat	Depart Southampton, England 4pm		
Sun	At Sea		
Mon	Bergen, Norway	11am	8pm
Tue	Olden, Norway	7am	7pm
Wed	Geiranger, Norway	7am	3pm
Thu	Stavanger, Norway	10am	6pm
Fri	At Sea		
Sat	Southampton, England		6am
Sat	Transfer to Airport for flight home Orlando Airport		

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Get to Know . . .

Chris Schiavo

By Martie Thompson
editor@floridanewsline.com



Photo courtesy Chris Schiavo
Chris Schiavo and family

Making the move with his family to Nocatee from Los Angeles was not the first time that Chris Schiavo followed his heart. He was born and raised in Atlantic City, N.J. before the casinos came to town. He lived with his parents above the family's grocery store. Eventually he moved away to Philadelphia to go to the University of Pennsylvania, where he earned a degree in communications. He held various jobs in media, including working for a small market television station, before following his heart and moving to Los Angeles to try his hand in the entertainment industry. He lived there for nearly 30 years.

He wanted to pursue a career in film editing, but ended up getting into sound editing and was the assistant sound editor on films such as "Armageddon," "Con Air," and "Patriot Games." Eventually he discovered and developed a love for improvisational comedy. He got married, had children, and then transitioned into reality television as a story producer and editor for shows like "Shahs of Sunset" and "Vanderpump Rules." But he kept coming back to improv; he said the training he had in this art form has helped him with his later jobs and even his life.

Q: How did you get started in improv?

A: I was working as an assistant sound editor in Hollywood and it was fun,

but it wasn't really calling me. One day in the early '90s, a roommate of mine invited me to go to an improv comedy club and I thought, "Isn't that acting?" But after seeing it, this ended up being a transformative experience for me and I knew I had to do it. I took classes at the theater and after eight weeks was performing on stage with the other students.

Q: How did you meet your wife?

A: I met Juliana at the Groundlings Comedy Theatre, where we did improv and sketch comedy as well. We were students together and became friends. After about a year we started dating and married in 2002.

Q: What are some of the benefits of improv?

A: Improv is fun and stress reducing. It teaches you how to be present in the moment, how to connect with other people and it taps into your creative side. I'm really excited to start teaching improv classes here. My dream is to share this love of mine with others. Improv, although it looks like it is completely unplanned, really requires quite a bit of training and learning — like a musician has to learn his scales before playing music.

(Editor's note: At press time, Schiavo was scheduled to begin teaching an improv class in late September at First Coast Technical College through its Community Education Department. Another class is planned for the win-

ter session at the University of North Florida. Visit www.levelupimprov.com for more information.)

Q: How did you come to live in Nocatee?

A: Once Juliana and I had children (Bella in 2006 and Tallula in 2010), we started looking at the world differently. We lived in Burbank, which is a bedroom community of Los Angeles, but even that was getting more fast paced and crowded. We just didn't think the lifestyle was conducive to family and we wanted our kids to have fun and be safe. Juliana grew up in Miami and we knew we wanted to be near the ocean, so we looked into moving to Florida. Juliana did lots of online research and found Nocatee, a community that was safe and family oriented. We were blown away when we visited the area. We moved here in July 2017.

Q: What do you enjoy doing in your spare time?

A: I love being outdoors and biking. I even enjoy mowing the lawn. I also like playing tennis and going to the beach.

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The Pantry Raiders

Fresh and healthy salad makes the perfect meal

By NewsLine Staff
mail@floridanewslines.com

Weather during the months of September and October can be fickle. As a result, there may be some steamy days left even after summer is long gone. On such days, a light and refreshing meal can be ideal.

Salad may be thought of as a side dish or an appetizer. But in this recipe for "Chicken and Spinach Salad with Avocado and Fruit" from Rose Murray's "125 Best Chicken Recipes" (Robert Rose), salad is the main course. This salad bursts with flavorful fruits and vegetables that are full of antioxidants. While it stands on its own, the salad can be accompanied by crusty bread and corn on the cob and rounded out with brownies for dessert.

Chicken and Spinach Salad with Avocado and Fruit

(Serves 4)

Sweet-and-Sour Dressing

¼ cup granulated sugar

3 tbsp. white wine vinegar

1 tsp. grated onion

½ tsp. paprika

½ tsp. dry mustard

¼ tsp. salt

⅓ cup vegetable oil

8 oz. skinless, boneless chicken breasts

1 half cantaloupe or other melon, or 2 oranges, peeled and divided into segments

8 oz. spinach, trimmed, washed, dried, and torn into bite-sized pieces

1 avocado, peeled and thinly sliced

Salt and pepper



Photo courtesy MetroCreative
Chicken and Spinach Salad with Avocado and Fruit

Sweet-and-Sour Dressing: In a small saucepan over medium heat, combine sugar and vinegar; cook stirring, for 2 minutes, or until the sugar dissolves. Cool. Stir in onion, paprika, mustard, and salt. Transfer mixture to a blender; with motor running, add oil in a slow stream through the feed tube.

Meanwhile, put chicken in a saucepan with ¼-inch water and bring to a boil. Reduce heat to medium-low; cover and simmer, turning once, for 5 minutes, or until just cooked through. Remove chicken, cool and cut crosswise into ¼-inch slices.

Scoop out melon with melon baller or cut into cubes. In a large salad bowl, toss spinach, chicken, avocado, melon, dressing, and salt and pepper to taste.

Tip: The dressing can be made, covered and refrigerated for up to one week. The chicken can be cooked, cooled, covered, and refrigerated up to two days.

Lend An Ear Outreach, Ponte Vedra Beach Rotary Club to provide free hearing aids to residents in need

By NewsLine Staff
mail@floridanewslines.com

Two Ponte Vedra Beach nonprofits are joining forces to provide free hearing aids to First Coast residents in need. Due to grants received from the Ponte Vedra Beach Rotary Club and Rotary District 6970, Lend An Ear Outreach will



Photo courtesy Lend An Ear Outreach
Lend An Ear volunteer Walle Waters, Rotary Club President Vickie Cavey, Lend An Ear President and Rotarian Bruce Jones, and Lend An Ear Executive Director Scott Hetzinger.

be able to provide low-income residents with new, free hearing aids. To identify and select recipients, Lend An Ear will host two intake screening events next month in Hastings.

"We decided to host the screenings in Hastings because we identified a particular need in that area for our services," Lend An Ear Executive Director Scott Hetzinger said. "Thanks to the generosity of the Rotary Club, we will be able to provide 40 people with brand new hearing aids."

Hetzinger said the Rotary grants will be used to purchase new hearing aids at significantly reduced prices through the Starkey Hearing Foundation's Hear Now program.

"Typically, new hearing aids cost around \$3,000," he said. "So, through this outreach program, we hope to provide \$120,000 in free hearing aids to local residents in need."

In order to qualify to receive the free hearing aids, residents must meet certain income guidelines and be screened by an audiologist. Hearing screenings

will occur from 8:30 a.m. to 5 p.m. Thursday, Oct. 24 at the Hastings Branch of the St. Johns County Library, 6195 S. Main St. A second screening event will be held from 8:30 a.m. to 5 p.m. Friday, Oct. 25 at the


W.E. Harris Community Center, 400 East Harris St.

Those who qualify will complete an application and return in December, when they will be professionally fitted with their new hearing aids. Recipients will also receive a cleaning kit, instructions on the proper use and care of their hearing aids and a year's supply of free batteries. Hetzinger noted that those who do not qualify for the new hearing aids may be able to receive a refurbished hearing aid from Lend An Ear.

Ponte Vedra Beach Rotary Club President Vickie Cavey credited Rotarian Bruce Jones – head of the Vicar's Landing continuing care community and president of Lend An Ear – with alerting the club to the need for hearing aids in the local community.

"The theme of Rotary International this year is 'Rotary Connects the World' — and hearing loss can be so isolating," Cavey said. "By funding this program, we hope to help those with hearing disabilities connect to the wider world."

Contact Scott Hetzinger at (904) 241-HEAR (4327), information@lenda-nearoutreach.org or visit www.lenda-nearoutreach.org for more information.



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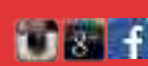


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2019 - 2020 St. Johns County School Calendar

October 2019				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

- Teacher Optional Planning
- 8 Teacher Planning (non-student day)
- 2 Teacher Inservice (non-student day)
- Classes Resume
- Student/Teacher Holiday
- End of Quarter
- Days in question

Golf Tips from T Shot Ranch

Golf...The Great Escape

By Janie C. Farina
mail@floridanewsline.com

Calling all golf widows and golf widowers! Ever wonder why your better half thinks being on the golf course is better than ... almost anything?

Well try this for starters:

1. All golfers are created equal. By this I mean it doesn't matter if your salary is \$10,000 or \$1,000,000 a year, once the golf cap is donned, all come under one domain — golfer. Here it's the single digit handicapper that rules (he very well may be the \$10,000 salary a year guy). The higher handicapper, who envies the heck out of him, could own a Castle on the Hudson." Mr. Scratch Golfer or single digit handicapper, commands the course — a feat all of us others would probably spend our yearly salary to emulate.

2. Spontaneity, Excitement, Thrills. Anything can happen here: a hole in one! Tin-cupping a 12! A ball ricocheting into the woods only to land safely onto the green. A perfect shot to the pin is swept away by a gust of wind. Who could ask for more entertainment in four and a half hours outside of Indiana Jones?

3. Total Recall. I know this is going back a decade or two, but did you ever see Arnold Swartzenagger's movie, "Total Recall?" It's a story about a computer that controls your mind and sends you on vacations without ever leaving. Well, golfers get the same benefits — four and a half hours worth of total recall without leaving town. Any problems, blessings, or crisis in life get swatted away on the first tee, by the all-controlling factor — the golf ball.

4. Being with Nature, Being With Yourself. Here, amidst the busiest metropolises and the most secluded country roads, lies the golf course. This is where we smell the fresh cut grass, see the flora and fauna, and hear the wind rustling and the birds singing through the blowing leaves. Wherever we look it's fresh, alive and manicured. Just being here feels good.

5. Friends-Fun-Family. Sometimes I see a foursome of strangers leave for the first tee, and after 18 holes many become friends for life. Golf is a great way to meet new friends, keep old friends, meet girlfriends and boyfriends, couples and singles, juniors and seniors, businessmen and housewives; out here we are likely to interact with just about anyone. Golf can become downright socially contagious, as it was in my family for generations.

6. Golf is what you make it. Golf can be the great equalizer, the place to go on a Saturday afternoon, a place to lose your troubles to the troubles on the golf course, a respite from the hustle and bustle of city life for a walk in the country, a place to socialize or be solitary. It's a game that can bring out the best and the worst in a person. It's a game that can produce emotions of tremendous joy or deep despair.

My suggestion to all you golf widows and widowers is to come join the fun.

Janie Farina is an LPGA Teaching Professional of almost 30 years, here in the Jacksonville area. Email her at hitthedirt2@gmail.com for comments or suggestions for future articles.

Ponte Vedra Woman's Club Kicks Off 2019 - 2020

By NewsLine Staff
mail@floridanewsline.com

The Ponte Vedra Woman's Club held their new and prospective member event Aug. 22 at the home of Michelle Purdy to kick off the new year for the club. This is a 501C3 organization which was started in 1970. Club members support five local charities throughout the year and the group's motto is to FUNraise, SERVE socially, and ENGAGE locally. Lori Marjerison, current president, spoke at the meeting and encouraged the new participants to join the club. The next big FUNraiser will be at Underwood's on Oct. 17. The event will include drinks, nibbles, and a chance to



Photo courtesy Sharon Jones
Lori Marjerison addresses the group.

win an 18kt gold Roberto Coin bracelet worth \$3,950. The Ponte Vedra Woman's Club meets each month at a local venue and highlights one of the charities they support. Dues are \$50 for the year. Visit www.pontevedrawomansclub.com or <https://facebook.com/PVWCI/> for more information.

Horseplay cont. from pg. 1

As for speech therapy, Carregal said, "You'd be surprised about how determined children are to get their horse to 'go!'"

She said the children are happy and content to be outside and hearing the nature and animal noises and look forward to going to therapy.

"I wasn't a 'horse person' growing up, but hippotherapy has become so important to me," Carregal said. "I'm passionate about offering this therapy that also provides social and emotional benefits."

Horseplay's annual Fall Festival fundraiser will be held at Southeast Veterinary Hospital, 1885 State Road 207 in St. Augustine on Nov. 2 from 12 p.m. – 4 p.m. The event will feature horse rides, activities for kids, face painting, a bounce house, arts and crafts, and a petting zoo. All proceeds benefit Horseplay Therapy Center. Contact horseplaytherapycenter@gmail.com for more information.

Visit www.horseplaytherapy.org for more information about Horseplay or email horseplaytherapycenter@gmail.com if you have questions about hippotherapy.

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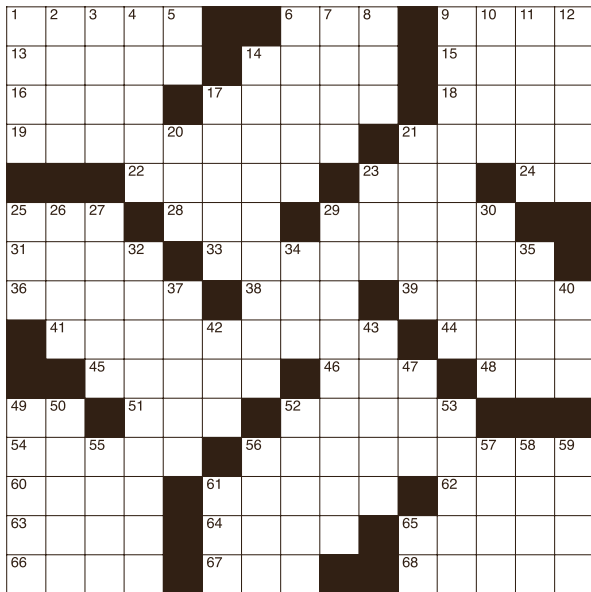
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Puzzles

Answers to puzzles on page 8
Provided by MetroCreative



CLUES ACROSS

1. Fertile desert spots
6. Married woman
9. Some animals travel in one
13. Fear
14. Hawaiian island
15. Fit to work
16. Electronic counter-countermeasures
17. Former Senator Specter
18. Cambodian currency
19. Dave Matthews Band hit
21. Lists ingredients
22. Endangered antelope
23. Jerry's TV partner
24. Blue grass state
25. Obstruct
28. Luke's mentor ___-Wan
29. Fencing swords
31. Oh, heavens!
33. Insensitive to changes in price
36. Hillsides
38. Brew

CLUES DOWN

1. Lyric poems
2. Genus of saltwater clams
3. Ingroup
4. Type of lounge chair
5. Memory card
6. Archipelago
7. Common Korean surname
8. It's up there
9. Quantity that helps to define
10. First month of the Jewish ecclesiastical year
11. Metal-headed golf club
12. A shade of green
14. Begin
17. A good thing to have
20. Language spoken in Laos
21. Loosely compacted sediment
23. Naturally occurring protein
25. Woman
26. Central Indian city
27. Volcanic craters

29. The largest existing land animals
30. Rumanian city
32. Equal to 10 meters
34. Historic Nevada city
35. A point of transition
37. Remove
40. Overwatch character
42. Records electric currents linked to the heart
43. Settles in calmly
47. Partner to his
49. Banking giant
50. Slowly disappeared
52. End
53. Sword with a v-shaped blade
55. Fabric with smooth, shiny surface
56. Wild cherry tree
57. Traditional Japanese socks
58. Make of your hard work
59. Stony waste matter
61. Woman (French)
65. Unit of loudness



Solve the code to discover words related to antiquing. Each number corresponds to a letter. (Hint: 18 = i)

A. 1 21 13 18 23 12 2
Clue: Older item

B. 25 4 20 17
Clue: Browse to purchase

C. 16 2 14 18 21 18 25 4
Clue: Restore

D. 8 1 16 15 1 18 21
Clue: Good buy

ANTIQUUE WORD SEARCH

E A R C A D E O L H E U Q O R A B K R U
P K Q A E O C R A M V D A R T D E C O I
R A S R T Z I E C N I P L E V E B A Y W
I L B M T P T I I B T P C U P B O A R D
A H A O H I O E S Y A T B R O N Z E P N
H R N I M U T M S I R T N A T T A B A E
C G D R O C N R A S O E Y T G U V G N E
M Y I E R L Q E L P C C I C Y V Q I E L
R R N R H Q P D C K E H B T W E L W L K
A S G Q B B I E D Y D I Y A B D L Y L N
S A T H S I P I P W E P R K L G S B I W
T T M I U M S B U K B P E U O U N M N L
V U W B K E I I Z N O E T A A C S D G B
E C G L R C K L P M R N D T I M E A T V P
M I N N L O A D E N D D O T L A V V E K
P M H D L D T M L I R A P T R E O U G R
W A T W W Z Z Y E I A L N C N W Z V O Z
A R E T U K E E P O W E I M P M O E H N
H E D C T B B G O E G Z K S E D L H Y L
N C N C N M G O U T D R A O B E D I S W

WORDS

- ABATTANT
- AMBROTYPE
- ARCADE
- ARMCHAIR
- ARMOIRE
- ART DECO
- BALUSTER
- BANDING
- BAROQUE
- BEVEL
- BIEDERMEIER
- BRONZE
- CAMEO
- CERAMIC
- CHIPPENDALE
- CLASSICAL
- CUPBOARD
- DECORATIVE
- DESK
- NOUVEAU
- PANELLING
- POTTERY
- SIDEBOARD
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Wild Reserve cont. from pg. 1

Besides the new coats, the Reserve is now home to four young tortoises — two African spur thigh tortoises and two Galapagos tortoises. The spur thighs are also known as sulcata tortoises. They are named Mauritania and Mali, after the regions they inhabit in Africa, along the southern edge of the Sahara desert. This is the third largest tortoise species. The largest is the Galapagos, followed by the Aldabra tortoise, and then the sulcata tortoise. The sulcata excavates underground burrows to reach moisture and to avoid the hot African sun. These burrows can reach a depth of 10 feet or more. They eat grasses and succulents. These new babies will reach a weight of 230 pounds and can live longer than 70 years.



Sulcata tortoise

live a year without food or water. They were named by Spanish explorers who discovered the Galapagos islands. Galapago means “tortoise” in Spanish.

Staffed by a host of valuable volunteers, the St. Augustine Wild Reserve is always in need of new caging and animal supplies. Plans are to raise funds to construct an on-site veterinary clinic, and a barn for diet preparation. Email wildreserve@aol.com to volunteer or visit www.staugustinewildreserve.org for more information.

The St. Augustine Wild Reserve offers tours on an appointment-only basis on Monday, Wednesday and Saturday at 2 p.m.; call (904) 940-0664 for reservations. The Reserve also offers a special VIP tour on Friday from 12 p.m. — 1:30 p.m. for an additional fee. The Reserve is a 501©3 tax exempt organization; donations may be sent to P.O. Box 3546, St. Augustine, FL 32085.

The galapagos tortoises, Darwin and Wallace, are the largest species of tortoise in the world and will reach a weight of 900 pounds. They can live more than 150 years; they are one of the longest-lived vertebrates. Galapagos tortoises are native to many of the Galapagos Islands, west of the Ecuadorian mainland. Their diet consists of cacti, various grasses, leaves and sometimes fruit. While Darwin and Wallace love to eat and feast daily on various greens and cacti, adults can actually

Travel smart with FL511 mobile app to college football games

By NewsLine Staff
mail@floridanewsline.com

The college football season is upon us and games will be played throughout the state. The Florida Department of Transportation (FDOT) encourages motorists traveling to and from the games and activities to use the FL511 Mobile App for current roadway conditions.

The FL511 Mobile App provides directions to any destination in Florida with travel times and alternate routes on most roadways throughout the state. Users can also get information on crashes, congestion, construction, and closures on Florida’s interstates, toll roads, and other major roadways. The FL511 Mobile App has destination-based routing and the ability to speak

your request to the app. For destination-based routing, users enter their destination and are provided multiple routes with travel time based on current traffic conditions.

Another feature is the Drive Mode. While in drive mode, users receive detailed alerts for incidents occurring along their route. When requesting information using voice interaction feature, users of the app can now request a city, county, or roadway and the app will play back all associated events within a specific radius.

The Florida 511 (FL511) Advanced Traveler Information System (ATIS) is the state’s official source for traffic and travel information.



Photos courtesy Kate Wagner

New option for pets in Ponte Vedra Beach

Sawgrass Pet Resort, the dream of Kate and Scott Wagner and their children Austin and Leeli, broke ground in August. Sawgrass Pet Resort, a dog daycare and boarding facility, has a mission “To provide a safe, active, recreational, healthy environment while improving the quality of life for dogs and serving the local community.” A veterinarian is also available on property making this a full service facility. The Small Business Development Center and consultant Marge Cirillo assisted in connecting the Wagners with funding sources and development of their business plan and forecast. The 5,000 square foot facility will be located at 8050 Sawgrass Village Circle. A late winter/early spring 2020 opening is anticipated.

<p>Neptune Beach 1550 Emma Lane MLS# 1004356 - \$937,500</p>	<p>Cimmaron 3805 Camanchee Ct MLS# 1008316 - \$315,000</p>	<p>Palencia 141 Marshall Creek MLS# 1002878 - \$239,000</p>	<p>Ponce De Leon Villas 10 Fountain of Youth Blvd \$249,000</p>
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Photo courtesy Lee Bushkell

Girls' soccer team wins 3v3 national tournament

Ponte Vedra soccer team FLEXAS won the U12 girls' 3v3 national championship at Disney's ESPN Wide World of Sports this past summer. They went 6 – 0 and out-scored opponents 47 – 3. Three of the girls play for the Jacksonville Armada, another is a former Armada player, and the other two play for Orlando City Youth Soccer. FLEXAS is made up of: Sofia Bushkell, Ponte Vedra Beach; Sarah Aquino, Jacksonville Beach; Taliah Brooks, Jacksonville; Abby Wooten, San Antonio (formerly Ponte Vedra Beach); Sarah Woodall, Cummings, Ga.; and Alyssa Parsons, Apopka, Fla.

St. Johns County Schools earn Golden and Silver status

By NewsLine Staff
mail@floridanewline.com

The Florida Department of Education has recognized 38 St. Johns County schools as Golden Schools and 17 secondary schools as Silver Schools for 2018-2019.

The Golden School Award is presented to elementary, middle and high schools that meet rigorous requirements relating to school staff volunteer training and the number of volunteer hours, which must equal at least twice the number of students enrolled in the school. The work of school volunteer coordinators, who provide leadership through recruitment, placement, training and supervision of participants, is also taken into account.

The Silver School Award is given to secondary schools that provide exemplary student volunteer services to district schools. The school must have a school volunteer coordinator who provides coordination of the program, placement of students, orientation/training for the staff, student/program evaluation and

student volunteer supervision. Schools that provide student volunteers must have volunteer hours that equal at least one half the total number of students enrolled in that school.

In 2018 – 2019 there were 26,905 volunteers who contributed 264,378 hours of service.

Northeast St. Johns County Schools recognized were:

Golden Schools:

Alice B. Landrum Middle School
Allen D. Nease High School
Ocean Palms Elementary School
Palm Valley Academy
Palencia Elementary School
PVPV/Rawlings Elementary School
Ponte Vedra High School
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Silver Schools:

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Travel

Curious about Clearwater Beach?

By Debi Lander
mail@floridanewslines.com

Travelers head to Florida for sunshine and world-class beaches. We locals enjoy the nearby Jacksonville and Ponte Vedra beaches, but TripAdvisor's list of Top Beaches for 2019, 2018 and 2016 gives Clearwater Beach on the Gulf Coast the number one ranking. Here's why you should consider making the four-hour drive, especially off-season.

Sink your toes into sugar white sand that's as soft as powdered sugar and doesn't burn your feet. The Gulf Coast owes much to the Appalachian Mountains for the steady flow of quartz crystals they send downstream and to the rivers that replenish the smooth, soft, white beaches all along the Gulf Coast.

Aptly named, Clearwater boasts clean, turquoise water, warm even in winter at temperatures generally hovering around 70 degrees. The wide-open beach runs two-and-a-half miles, offering a fantastic walkway perfect for strolling. Strategically placed buildings along the path include beach bars, bistros, coffee shops, and of course, restrooms. Lifeguards remain on duty throughout the year, and the Beach Lifeguard Station offers



Clearwater Dolphin Trail

specially-built beach wheelchairs.

Although the main draw remains the inviting, family-friendly beach, visitors find plenty to do, with water activities and fun adult water toys abounding. Spend a morning or afternoon on rental jet skis, stand-up paddleboards or kiteboards, available at the main marina or at hotels. Look into the variety of boating and fishing charters.

Save time for a stop at the Clearwater Marine Aquarium, the set for the 2011 movie "Dolphin Tale," starring Harry Connick, Jr., Ashley Judd and Morgan Freeman. Another actor, however, stole that show. The film tells the story of Winter, a bottlenose dolphin who lost her tail, but was saved by researchers who created her a prosthetic one. Winter's story of survival spawned a 2014 sequel, "Dolphin Tale 2." This Winter added to the many visitors the other winter already brought, providing funding for a massive expansion due for completion in 2020. The Aquarium showcases other rescued animals, a petting tank, and educational shows — but don't be surprised to spot Winter swimming without her tail. Apparently, it tires her out — she can't wear it all day long.

Catch a dolphin cruise for up-close views of dolphins and manatees in the wild. Choose from a variety of vessels — a family-friendly daytime cruise (with booze), a boat looking like a giant shark with open jaws, or a pirate ship. The Aquarium's Sea Life Safari includes a naturalist who describes sea creatures

from a net pull, then releases them.

Kids and adults love to search for more than 200 six-foot dolphin sculptures painted and displayed



Photos courtesy Debi Lander
Clearwater Beach is a great place for a stroll.



Cruising in Clearwater

around the city on the Clearwater Dolphin Trail.

Capture sunset at the Pier 60 Daily Festival (milder than the one in Key West) with vendors, street performers and nature's colorful show. Clearwater boasts some 240 sunny days per year. Every April, Pier 60 hosts the Sugar Sand Festival that attracts sand sculptors from around the world.



Clearwater Aquarium dolphins.

I was surprised and delighted with the quality of food served on the StarLite Majesty sunset dinner cruise. The meal began with cocktails, included three courses, then dancing with a DJ. At sunset, everyone stopped to revel in the luminous glow. The evening ended on the upper deck gazing at the night sky and city lights.

Great getaways include great food, and Clearwater Beach offers a variety of locally owned, non-chain restaurants.

Don't miss tasting some grouper while in the "Grouper Capital of the World." My favorites included breakfast at Crabby's, lunch at Badfin's, Cooter's or Pearly's, and for a fancier night out, The Beachcomber.

Visit Clearwater Beach and see why it was named Top Beach.

Visit www.bylandersea.com to read more of local travel writer Debi Lander's stories and travel tips.

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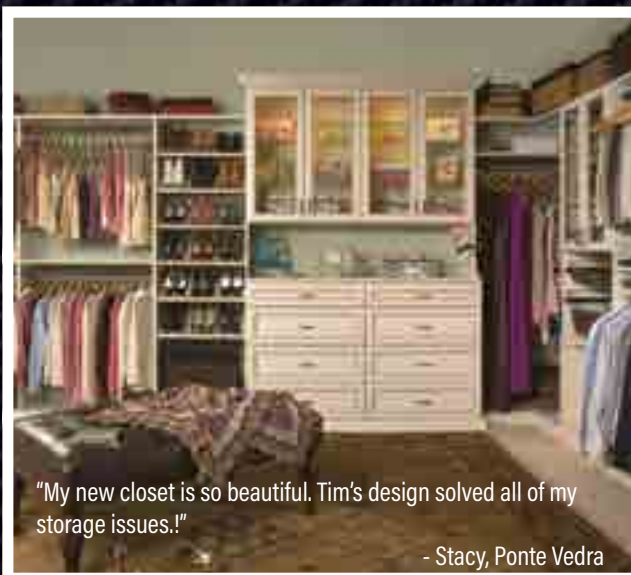
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Gardening

I could always do better...

By Master Gardener Volunteer Lesley Arrandale
mail@floridanewsline.com

Having tried in spring to grow pole beans — Kentucky Wonder — with minimal success, I resolve to do better. As well as sowing the seeds a bit late in the season, one problem may have been that my yard had too few flowering plants to encourage the bumblebees that I've learned are largely responsible for fertilizing bean flowers. I discovered the connection when reading "Sting in the Tale" by a British entomologist, Dr. Dave Goulson. (Also by the same author, "A Buzz in the Meadow"; both books are available at the public library. They may be a little science-heavy at times, but are definitely informative, engaging, and humorously written.)

Goulson discovered by experiment that bumblebees have particular requirements when it comes to pollen. Legumes, like clovers, beans, and peas — and probably our native legumes, such as redbud (*Cercis canadensis*), false indigo (*Amorpha fruticosa*), coral bean (*Erythrina herbacea*), and wisteria (*Wisteria frutescens*) — produce protein-rich pollens that are also rich in amino acids, and they supply these large insects with a highly nutritious source of food. So I probably didn't provide enough of the right flowers at the right time to bring in the bees to pollinate my beans. For a selection of native plants to encourage bees in your yard, see <https://flawildflowers.org/attracting-bees/>.

We can only expect to welcome, and benefit from, wildlife if our yards and gardens supply the resources they need. (Yes, I have mentioned this before.) Currently I am delighted to have plenty of beautyberries (*Callicarpa americana*) to feed the mockingbirds, cardinals, and brown thrashers, and they have been eating their fill in front of my kitchen window. I'm also hoping to see fall migrants taking advantage of the bounty. One of my favorite late summer wildflowers, *Monnarda punctata*, or dotted horsemint, is

in bloom, attracting small native bees, including brightly colored sweat bees, and an assortment of tiny wasps and flies — none of which are aggressive, and most of them are beneficial in various ways.

Visit <https://tinyurl.com/y4lmhxxk> for the latest edition of our Duval Extension Service newsletter, A New Leaf. Check out Larry Figart's article on fall color for Florida. Once cooler weather arrives, it will be a good time to plant trees and shrubs, so why not establish some fall color for next year? My neighbor has one of the trees that Figart mentions, the Shumard oak (*Quercus shumardii*). In autumn I find its leaves in my yard and the rich red color always amazes me. It would be well worth planting if space allows, especially on the southwest side of a home, where it would eventually afford summer shade and then winter light, when its leaves drop.

It can be useful for gardeners to have a general idea of what the weather has in store for us. One source is the 30-day climate predictions for temperature and drought from NOAA: <https://tinyurl.com/yxnrqevg>.

I began writing as Hurricane Dorian was churning its way towards Florida, and am thankful that both Puerto Rico and Florida were spared the worst. Nevertheless, heavy rains and gusty winds may impact our landscapes during regular summer storms, so for advice on helping your lawns and gardens recover, see <https://tinyurl.com/y3s8sqpf>.

Doubtless many of us are thinking of the people of the Bahamas, so many of whom are now in dire need of assistance. And closer to home, there is hurricane damage in the Carolinas. If we can do just a little to help, we can surely make a difference. It could so easily have been us.



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A special bingo October 11

For More Information call Vinny Terlizzi at 904-742-8777 • vaterlizzi@gmail.com
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Treatment can be expensive
Treatment can be painful/fatal
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- Spread the cost over 12 months, all with no interest
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- Exams are included
- Discounts up to 50% on our medical services

Must present coupon. Not valid with other offers. Expires 11/15/19

It's time for our SPOOKY PET COSTUME CONTEST!

Here at all of our Forever Vet locations, we are hosting a costume contest to see which pet is the BEST dressed!

WINNERS for each location will receive \$50.00 credit to their Forever Vets account!

Contest rules and regulations can be found on our Facebook page at **FOREVER VETS ANIMAL HOSPITAL**. This promotion is only valid for the month of October 2019. Rules and regulations are applicable.



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