

Mandarin NewsLine

AUGUST 2018 Volume 12 Issue 10

A Florida NewsLine Publication



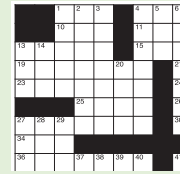
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Young diver headed to national championships

By Angela Higginbotham
angela@floridanewslines.com

With encouragement from her mother, 11-year-old diver Laurel Coppedge began diving a just a year and a half ago. She quickly became fascinated with the sport and recently qualified to compete at the USA Diving Junior Olympic National Championships. The championships will be held in August at the Olympic pool in Atlanta, Ga. Coppedge is the only diver in Northeast Florida who has advanced to this year's national competition. An upcoming sixth grader at Bolles, Coppedge is also excited to join the high school varsity dive team this fall.

"Diving is a magical sport," said Coppedge. "It involves all of the athleticism you can think of. It makes time fly because all you are

Diver cont. on pg. 9



Photo courtesy Lisa Coppedge

Laurel Coppedge qualified to compete at the USA Diving Junior Olympic National Championships

Summer tradition benefits First Coast No More Homeless Pets

By Martie Thompson
editor@floridanewslines.com

For the past four summers, Florida NewsLine and its family of community newspapers, The CreekLine, Mandarin NewsLine and Ponte Vedra NewsLine, have sponsored a pet supply drive to benefit First Coast No More Homeless Pets. Area businesses sign up to be convenient drop off locations for community members and this year, 20 businesses generously accepted the call. One of the businesses, which also participated last year, is The UPS Store in Murabella at World Golf Village.

"We were happy to participate in the Pet Supply Drive," said store owner



Hannah and Mabel at Forever Vets on Race Track Road with some of the supplies they collected from the community.

Divyan Patel. "Our community loves pets and they are a very giving community. They always come out when we have a donation drive."

This year's pet supply drive netted approximately 400 pounds of dry dog food, 285 pounds of dry cat food, hundreds of cans of cat and dog food, nearly 200 pounds of kitty litter and countless towels, blankets, toys and treats for First Coast No More Homeless Pets.

Founded in 2001 by Rick DuCharme, First Coast No More Homeless Pets began as SpayJax in response to a request by the City of Jacksonville. By 2009, they had opened one of the largest spay/neuter clinics in the country and now average 2,500 spay/neuter surgeries per month, supporting shelters in Duval, St. Johns, Clay, Nassau and 14 other Florida and south Georgia counties. Their goal is to



John McFall and Tanner Ives of First Coast No More Homeless Pets with their truck loaded up with donated supplies at the Florida NewsLine offices that were collected from area businesses.

end the killing of shelter cats and dogs in the community and across the nation.

First Coast No More Homeless Pets also has a Feral Freedom program, which sterilizes feral cats and then releases them back to their territory. The Mega Pet Adoption Events are organized by First Coast No More Homeless Pets three times annually



Tanner Ives of First Coast No More Homeless Pets, Florida NewsLine bookkeeper Emily Whitehead, Florida NewsLine creative director Julie Gerona and John McFall of First Coast No More Homeless Pets after loading the donated pet supplies into the truck.

in an effort to keep Florida counties "no-kill." According to Tanner Ives, Social Media and Communications Manager of First Coast No More Homeless Pets, the most recent event in June featured 19 different shelters and approximately 600 pets found their forever home. Finally, First Coast No More Homeless Pets also maintains the Jacksonville Pet Food Bank, which is where many of the donations from this pet supply drive will go.

"Every six weeks the Pet Food Bank is open to give previously qualified, low income people food for their pets for a month," said Ives. "The Jacksonville Pet Food Bank has distributed more than 1.4 million pounds of food since it was started in 2012."

The Jacksonville Pet Food Bank is located at the Cassat Avenue hospital and Ives said besides food, they also distribute kitty litter, pet supplies, treats, and toys on an as-needed basis. An application for qualification may be found

on the First Coast No More Homeless Pets website.

The towels and blankets collected in the pet supply drive will be used at the two animal hospitals for animals post surgery. According to Ives, there is a place called "the beach," where the towels and blankets are used to keep the animals warm as they come out of anesthesia.

Although the Florida NewsLine Pet Supply Drive is concluded for this year, readers many still donate food, supplies and money to First Coast No More Homeless Pets at any time. Visit www.fcnmhp.org for more information on how to donate or volunteer.



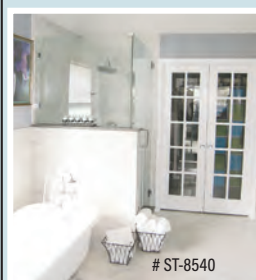
Donated supplies filled up an office at Florida NewsLine.



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Casino Night coming to Italian American Club

The Italian American Club will host a VIP Casino Night on Saturday, Aug. 4 from 7 p.m. – 10 p.m. at the club, located at 2638 Westberry Road. A donation of \$30 includes one drink and hors d'oeuvres as well as \$500 in play money, which may be used to play roulette, craps, slots, blackjack and the big wheel. Prizes will be available and raffles will be held. For tickets, call (904) 728-2176.

Mandarin High School to host Alumni and Community 5K

Mandarin High School will host its Alumni and Community 5K event on Saturday, Aug. 11 at 7:30 a.m. at Mandarin High School. Proceeds from the event will benefit the student athletes and all Mandarin High School athletic programs. According to athletic director Brian Rado, this is the first 5k the school has hosted to solely benefit Mandarin High School, as last year they partnered with Atlantic Coast High School. This is a terrific opportunity to kick off the school year, show Mustang pride, and bring out our alumni and community for a great cause. Visit <https://1stplacesports.com/races/mustang5k/> for more information and to register.

Orientation scheduled for braille group volunteers

For more than 60 years, Temple Sisterhood at Congregation Ahavath Chesed

in Jacksonville has sponsored a program that converts printed books into braille versions used by the Florida School for the Deaf and Blind and other institutions serving the visually impaired. An orientation meeting for new volunteers for the program will be held on Thursday, Aug. 30 at 10 a.m. at Congregation Ahavath Chesed/The Temple, 8727 San Jose Blvd. Beginning on Sept. 6, volunteers will go through a free nine-month program, held every Thursday through June from 9:30 a.m. – 12 p.m., in which they learn to transcribe printed text into braille. The program is open to both men and women of all faiths; braille transcribers must have their own Windows computer. For more information, contact Lynnette Taylor at (904) 466-2129 or dandltaylor@att.net or Holly Cleveland at (904) 463-0357 or holly.cleveland@att.net.

Newcomers club seeks members

Women in the Greater Jacksonville area who have moved to the area, are long time residents, have had a lifestyle change, want to make new friends, or want to participate in a wide variety of fun activities are invited to check out the Southside Newcomers Club. Groups and activities include Bridge, Bunco, Canasta, day trips, dining out, book groups, beading, movies, Mah Jongg, lunching at various locations, and more. Coffee or breakfast is held at Mimi's Cafe in St. Johns Town Center on the first Monday of every month to learn more

about Southside Newcomers Club and monthly luncheons are held at various country clubs with different programs each month. Membership dues for this social group are \$30 per

year. Contact snmembership84@gmail.com for more information.

Back to School event at historic schoolhouse

School aged children are invited to come to the St. Joseph's Mission Schoolhouse for African-American Children for a special "Back to School" event on Saturday, Aug. 4 from 10 a.m. – 1 p.m. They will learn about the history of the schoolhouse, sing old-time children's songs, hear stories, play old-fashioned outdoor

take 5



Photo courtesy Mandarin Museum & Historical Society

The interior of the St. Joseph's Mission Schoolhouse for African-American Children.

games, do sidewalk chalk art, make a craft, have a chance to ring the school bell and more at this free event. The schoolhouse is located in the Walter Jones Historical Park, 11964 Mandarin Road. Visit www.mandarinmuseum.net or call (904) 268-0784 for more information.



Leg pain? 5 symptoms you shouldn't ignore

Pain, aching, numbness or heaviness in your legs could be symptoms of peripheral artery disease (PAD). The condition is caused by a lack of blood flow due to narrowed or blocked blood vessels.

The good news is you don't have to live with leg pain. If you notice these symptoms, our physicians at Baptist Heart Specialists can help:

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FLORIDA NewsLine

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Call (904) 725-8766 for more information.

August
Special Section
WELCOME BACK TO SCHOOL
Pages
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MYSTERY PHOTO



Can you guess where this is? Submit your answer to mail@FloridaNewsLine.com.

Last month's Mystery Photo was of the Julington Creek Marina.
Our winner was Mike Metzler.

We're not just your newspaper,
we're your neighbors!



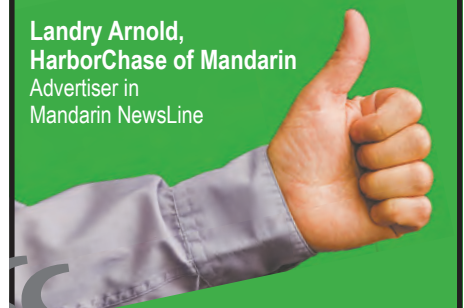
Mandarin NewsLine is your Community Newspaper!

We need YOU to keep us informed about interesting community events.

Send it in!

editor@FloridaNewsLine.com

Landry Arnold,
HarborChase of Mandarin
Advertiser in
Mandarin NewsLine



HarborChase of Mandarin is a brand new premier senior living community in Jacksonville. We have had a great success with the Florida NewsLine. It has greatly increased traffic flow to our new community. We consistently had open house events each monthly and because of **The CreekLine and Mandarin NewsLine**, we've had great turnouts. I look forward to continuing advertising in these publications. They have a great reputation and thank them for our success thus far.

FLORIDA NewsLine

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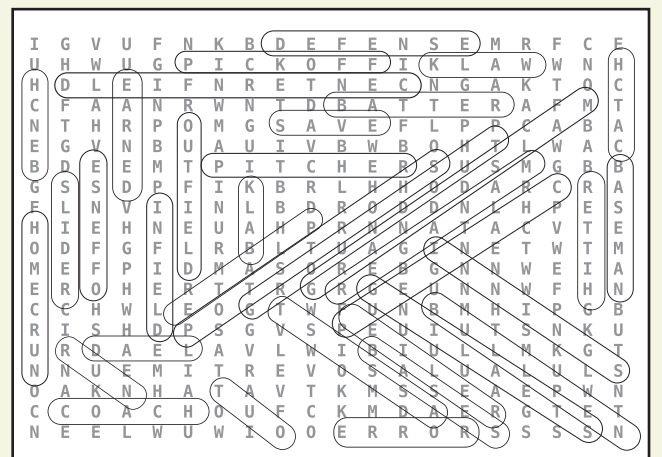
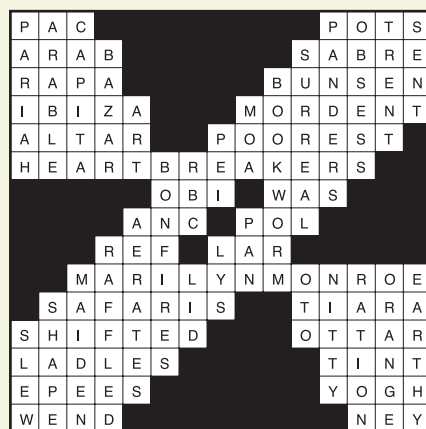
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answers to puzzles on page 16



ABCDEFGHIJKLMNOPQRSTUVWXYZ
CRYPTO FUN
Determine the code to reveal the answer!

Answers: A. base B. score C. umpire D. fly

Answers to Puzzles

Aug

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

around town

September 9: 2018 Ponte Vedra Auto Show

9 a.m. – 3 p.m.
www.pvautoshow.com

September 20: Community Meeting with School Board member Lori Hershey

6 p.m. – 7 p.m.
Mandarin Oaks Elementary School

November 3: Parking Lot Extravaganza – Fundraiser for Pet Peace of Mind Program

9 a.m. – 2 p.m.
Community Hospice, 4266 Sunbeam Road
(904) 504-5204 to reserve a booth

November 17: Mandarin Fall Festival and Chili Cook-Off

RiverPlace Shopping Center
Hosted by Mandarin Council of JAX Chamber

save the date!

August 3

AARP Safe Driving Class

8:15 a.m. – 4:15 p.m.
Mandarin Senior Center, 3848 Hartley Road
Register at (904) 262-7309. \$15 for AARP members, \$20 for non-members.

Aug. 3 – Aug. 4

Dollar Clothing & Jewelry Sale

9 a.m. – 2 p.m. Aug. 3; 9 a.m. – 12 p.m. Aug. 4
Mandarin Garden Club, 2892 Loretto Road

August 4

Mandarin Republican Club breakfast meeting with Jerry Holland, Duval County Property Appraiser

10 a.m.
Golden Corral, 11470 San Jose Blvd.
rmclean1@bellsouth.net

Bingo Night at St. Joseph's

Doors open 6:45 p.m./Games start 7:15 p.m.
Cody Center, 4152 Loretto Road
Open to community; (904) 742-8777

1911 Historic Mandarin Store and Post Office open

10 a.m. – 2 p.m.
12471 Mandarin Road
www.mandarinmuseum.net or (904) 268-0784

Toast of Jax Toastmasters meeting

7:30 a.m. – 9:15 a.m.
Baha'i Community Center of Jacksonville, 5034 Greenland Road
www.toastofjax.com (Repeating on Saturdays)

Back to school at historic schoolhouse

10 a.m. – 1 p.m.
St. Joseph's Mission Schoolhouse for African-American Children, 11964 Mandarin Road
www.mandarinmuseum.net or (904) 268-0784

August 5

Under the Oaks music jam

2 p.m. – 4 p.m., weather permitting
Mandarin Museum, 11964 Mandarin Road
www.mandarinmuseum.net

August 6

Southside Newcomers Club First Monday Coffee

10 a.m.
Mimi's Cafe in St Johns Town Center
sncmembership84@gmail.com

August 7

Shuffleboard

9:30 a.m. (repeating event on Tuesdays)
Mandarin Park, next to tennis courts
Just show up unless it rains

Free Tools to Quit Smoking Class

5:30 p.m. – 7:30 p.m.
Humana, 9965 San Jose Blvd., Ste. 12
Call Florida AHEC to register (904) 482-0189

August 8

Stress reduction workshop

11:15 a.m. – 1 p.m.
Ramada Inn, 3131 Hartley Road
Presented by First Coast Jacksonville Women's Connection, affiliated with Stonecroft
RSVP (916) 662-2263 or mihae.brown@gmail.com

August 9

Mandarin Council networking luncheon

11:30 a.m. – 1 p.m.
Bonefish Grill, 10950 San Jose Blvd.
www.mandarinCouncil.org

Book Club/Friends of the South Mandarin Library

1 p.m. / 2 p.m.
South Mandarin Branch Library, 12125 San Jose Blvd.
(904) 288-6385

American Legion Post 372 general assembly

6 p.m. meet and greet / 7 p.m. meeting
Mandarin/St. Johns Elks Lodge, 4280 Oldfield Crossing Drive
(904) 297-8344 or www.mandarinpost372.org

August 10

Early Bird Special Bingo Night at St. Joseph's

Doors open 6 p.m. / Games start 6:30 p.m.
Cody Center, 4152 Loretto Road
Open to community; (904) 742-8777

August 11

About Boating Safely class

7:30 a.m. – 5 p.m.
Florida Tackle and gun Club, 9010 San Jose Blvd.
www.safeboatingjax.com

Second Saturday Arts and Farmers Market

9 a.m. – 1 p.m.
First Christian Church, 11924 San Jose Blvd.

August 13

First Day of School

Duval County Public Schools

August 14

Service Officer available

4:30 p.m. – 6 p.m.
Mandarin/St. Johns Elks Lodge, 4280 Oldfield Crossing Drive
(904) 268-4974 (Repeats second Tuesday of each month)

August 16

Town Hall Meeting hosted by City Councilman Matt Schellenberg

6 p.m.
South Mandarin Library, 12125 San Jose Blvd.

Third Thursday Lecture: "Harriet Beecher Stowe: Mandarin's Most Famous Resident"

6:30 p.m. refreshments; 7 p.m. lecture
Mandarin Community Club, 12447 Mandarin Road
Free event; (904) 268-0784

August 17

Italian American Club Spaghetti to Go

5 p.m. – 7 p.m.
2838 Westberry Road
\$8 per plate; www.icaofjacksonville.com

August 18

Alzheimer's Saturday Support Series for Caregivers: "Maintain your Brain through Healthy Lifestyle"

9 a.m. – 10:30 a.m.
Almost Home Daybreak, 3604 Cardinal Point Dr.
RSVP to Jamie, (904) 731-4002

Meet the Maple Leaf Divers

12 p.m. – 4 p.m.
Mandarin Museum, 11964 Mandarin Road
www.mandarinmuseum.net

Mandarin Toastmasters meeting

10 a.m. – 12 p.m.
South Mandarin Library, 12125 San Jose Blvd.
MandarinToastmasters.org

August 20

All Star Quilt Guild

9:45 a.m.
First Christian Church, 11924 San Jose Blvd.
www.orgsites.com/fl/allstarquiltguild or (904) 502-5254

August 23

Mandarin Council monthly breakfast

8 a.m. – 9:30 a.m.
Bonefish Grill, 10950 San Jose Blvd.
www.mandarinCouncil.org

August 28

Primary Election

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with Jacksonville City Council Member
Matt Schellenberg (District 6)

Q: Do you have an update on the new dog park in Mandarin?

A: I like when constituents are engaged and have suggestions to make the quality of life in Mandarin better. I heard recently from a constituent who wanted a dog park in the area. I forwarded that email to the Parks and Rec Department and they identified the park behind the South Mandarin Library as a potential site. Over the last 30 – 45 days, they have been investigating parking and funding. While there is no site plan yet, I believe work may start on the dog park in October as there will be funding for the dog park in the 2018 – 2019 budget.

Q: What is the latest with the County Dock Road property, that was denied for development of 20 homes a few months back?

A: The seller appealed the denial and as of July 12, the judge has denied the appeal request. I think it's important for Mandarin residents to understand that the woman who currently owns the property also owns the trees. She can cut substantial numbers of trees down right now without any input from anyone if she wants. She has owned this property for 50 years and wants to

develop it similar to other neighborhoods in the area. Compromise is good, but right now it appears to me that she doesn't have the same rights as other land sellers had 30 years ago when they sold.

Q: What can you tell us about your upcoming Town Hall meeting on Aug. 16?

A: I will be hosting a general Town Hall meeting at the South Mandarin Library on Thursday, Aug. 16 from 6 p.m. – 7:30 p.m. In attendance will be a representative from the Zone 3 sheriff's office, the fire department, Parks and Rec, and a member of the mayor's staff. This is a great place to come for an overview of what's going on in Mandarin. Additionally, we will have an update on a recent, well-attended meeting I had with some neighborhoods regarding flooding.

Q: What is the best way for our readers to contact you?

A: I'm always interested in listening to constituents as to how to make Mandarin a better place to live. If you have any ideas or problems, let me know. Community members can email me at MattS@coj.net or call (904) 630-1388.



Photo courtesy Sharon Weed

Mandarin Women's Club spawns lifetime friendships

Recently 12 friends gathered at the home of Sharon Weed to enjoy a game of Bunco and camaraderie. This is nothing unusual. These ladies have been doing this on the third Thursday of the month for more than 26 years. They first met as members of the Mandarin Women's Club, and then organized a Bunco group that would meet once each month. Little did they know that almost three decades later they would still be playing Bunco and enjoying many other activities offered by the Mandarin Women's Club. Pictured are Toby Richmond, Catherine Geraci, Susan Rezsonya, Sandy Merrell, Marilyn Clark, Judy Zamborski, Sharon Weed, Barbara Ivoise, Marge Rammel, Polly McCoy, Patsy Prewett and Kay Galluzzo. Regular monthly luncheons of the Mandarin Women's Club will resume in September. Visit www.mandarinwomensclub.com For more information, photos, and membership form.

FYI Contact Numbers

Duval County Local Government (coj.net)

Sheriff's Office: Sheriff Mike Williams, (904) 630-2120
Patrol Zone 3: Assistant Chief J.G. Short, (904) 828-5463
Property Appraiser: Jerry Holland, jholland@coj.net; (904) 630-2011
Supervisor of Elections: Mike Hogan, mhogan@coj.net, (904) 630-1414
Tax Collector: Michael Corrigan, taxcollector@coj.net, (904) 630-1916
Clerk of Court: Ronnie Fussell, (904) 255-2000

Jacksonville City Council

District 6: Matt Schellenberg, matts@coj.net, (904) 630-1388
At Large, District 3: Tommy Hazouri, thazouri@coj.net, (904) 630-1396

Duval County School Board

District 7: Lori Hershey, hershey@duvalschools.org, (904) 390-2375

State of Florida Elected Officials

State House District 16: Representative Jason Fischer, (850) 717-5016
State Senate District 4: Senator Aaron Bean, (904) 757-5039

Federal Elected Officials

U.S. Congress District 4: Representative John Rutherford, (202) 225-2501
U.S. Senate:
Senator Bill Nelson, (202) 224-5274
Senator Marco Rubio, (202) 224-3041

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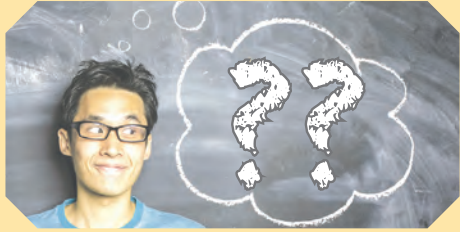
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Mandarin

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www.HarborChaseMandarin.com



Inquiring Minds want to know!

By Martie Thompson
editor@floridanewsline.com

Are you puzzled about something going on in Mandarin or wondering about whatever happened on a topic from a previous issue? Email your question to us at editor@floridanewsline.com by the fifth of the month and we will do our best to track down the information for you.

While we will do our best to answer all the questions we receive, we may not be able to answer all questions received each month. Also, due to publication scheduling, the time it takes to research answers may vary.

Email your question to us at editor@floridanewsline.com

Prudential Financial Planning Services



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904-313-4553



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Misty Phillips
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YourPerfectSpot@comcast.net



Kathy Akel
(904) 673-9886
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with Jacksonville City Council Member Tommy Hazouri (At Large District 3)

Q: Do you have any updates on Mandarin public works projects?

A: The Public Works department is working on planting live oaks and red-bud trees on Mandarin Road, cypress and holly trees on Old St. Augustine Road at Bartram Park Boulevard and a plan is being developed for plantings on San Jose Boulevard between Interstate 295 and Julington Creek. Asphalt sidewalk repair will be completed before the end of September on Mandarin Road between San Jose Boulevard and Scott Mill Road. Finally, the cross drain replacement on Loretto Road across from Loretto Elementary is almost complete.

Q: What do you consider to be some of the highlights from Mayor Curry's recently released budget proposal?

A: Mayor Curry just rolled out his budget, emphasizing public safety and capital improvements. It continues the upward trajectory of spending without tax increases; these savings are realized from the pension reform, which shows about \$331 million in savings over two years. The mayor's recommended budget is probably the best I've seen in three years. Funds for capital improvements, including drainage, have doubled since his first budget and the sheriff's budget shows a \$30 million increase, which will translate to 180 new officers, including those hired already.

Q: What is the next step in the budget process?

A: In August, budget hearings for all departments will be held. Then in September, we will debate the budget in City Council. A balanced budget must be passed by Oct. 1.

Q: Will the libraries be beneficiaries of this new budget?

A: Yes, there is a lot of support for this in the Council. The budget now has \$850,000 for new materials plus money for a new library in Oceanway and expanded hours in eight branches, including our two Mandarin Branches. Beginning Oct. 1, the Kori Road library is scheduled to add Friday hours and the South Mandarin Branch is scheduled to add Monday hours, bringing both branches to being open six days a week.

Q: What can you tell us about the new dog park in Mandarin?

A: The new dog park will be located behind the South Mandarin Branch Library on San Jose Boulevard. While a site plan is still being finalized, amenities will be large and small dog areas, benches, fencing, and a water fountain. Construction should begin in the fall and completion is estimated for no later than early 2019.

Q: What is the best way for our readers to contact you?

A: They can email me at THazouri@coj.net or call (904) 630-1396.



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Briefs

Hospital offers CDC-recognized diabetes prevention program

Memorial Hospital has started a Centers for Disease Control (CDC) recognized diabetes prevention lifestyle change program, which is a structured program developed specifically to prevent type 2 diabetes. It is designed for people who have prediabetes or are at risk for type 2 diabetes, but who do not already have diabetes.

Progression from prediabetes to Type 2 diabetes isn't a guarantee. With lifestyle changes such as weight loss, medications and incorporating a healthy diet, many people can bring their blood sugar levels back to normal.

A trained lifestyle coach leads the program to help participants change certain aspects of their lifestyle, like eating healthier, reducing stress, and getting more physical activity. The program also includes group support from others who share similar goals and struggles.

In order to offer a CDC-recognized lifestyle change program, Memorial had to submit an application and meet certain standards — such as having trained lifestyle coaches and use a CDC-approved curriculum. Memorial must also track results and send data to CDC every six months to show the program is having an impact on preventing or delaying type 2 diabetes. CDC reviews the data and provides feedback to the program. It's a year-long program focused on long-term changes and lasting results.

According to the CDC, in the last 20 years, the number of adults diagnosed with diabetes has more than tripled as more Americans are living longer and become more overweight or obese.

Risk factors for Type 2 diabetes include:

- Being overweight
- Being 45 years or older
- Having a parent, brother, or sister with type 2 diabetes
- Being physically active less than 3 times a week
- Ever having gestational diabetes (diabetes during pregnancy) or giving birth to a baby who weighed more than nine pounds.

- Having polycystic ovary syndrome

Anyone with any of these risk factors should see their health care provider for further testing. Visit www.diabetes.org/are-you-at-risk/diabetes-risk-test/?loc=atrisk-slabnav to find out if you are at risk of developing Type 2 diabetes.

Memorial is still enrolling participants in the program. To sign up or to learn more, call (904) 702-1541 or visit https://nccd.cdc.gov/DDT_DPRP/Registry.aspx.

PWC seeking nominations for five "Unsung Sheroes"

The Professional Women's Council (PWC) of the Jacksonville Chamber of Commerce will honor five Unsung Sheroes at their Inaugural Women Connecting Women event this fall. Held Oct. 18 from 5:30 p.m. – 8 p.m. at the UNF Adam Herbert University Center, this dinner and networking event will bring together 200 professional women with the intention of connecting them to the various women's organizations in the area where they can work and build their businesses. A wide variety of women's organizations throughout the First Coast will participate, and women will have over an hour to network and learn about each organization.

The five awards for which PWC is seeking nominations include: Professional Business Woman of the Year, Women Business Owner of the Year, Corporate Supporter of Women in Business, Women's Advocate of the Year and Professional Minority Woman. Each winner (or their company) must be member of the Jacksonville Chamber of the Commerce and must not have won any other awards for the past five years. Each winner also should be a role model for other women and supporter of women in her community. Other criteria for each category are posted on the PWC website along with the nomination form. Nominations are being accepted through Aug. 17, 2018

Visit www.pwcjax.org/women-connecting-women/ for more information.



Guitar camps held at Northeast Florida Conservatory

Northeast Florida Conservatory hosted two guitar camps this summer, according to instructor Arvid Smith. Camp was offered for students aged 10 and older, and for all skill levels. Students' interests ranged from heavy metal to classical to folk/country. "We were able to focus on each student's area of interest and begin at once with particular elements to bring their playing up to par no matter what style they wished to address," said Smith. "The emphasis, though, was always on having fun and interacting with one another in ensemble situation. Another exciting point was improvisation and 'jamming' with one another, which to the students seemed a world away at first." Smith said he also featured a particular exotic stringed instrument for students' knowledge at the end of each day. Students were offered the chance to play a bit on the Indian Sitar, Swara Mandala, Hawaiian Steel Guitar, the Indonesian Kacapi harp and the double necked 6-string and 12-string instruments. Smith said Northeast Florida Conservatory plans to offer guitar camps in the coming year. Visit www.nfconservatory.org for more information.



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Back in Time with Brett

By Brett Nolan
mail@floridanewslines.com

The Bowden house

On Loretto Road sits a house that exemplifies the rural charm of Mandarin. It is a simple home with “strong vertical character” that dates back to the turn of the century – built in 1907 (Wayne Wood, “Jacksonville’s Architectural Heritage,” 1989). Originally, it featured “a two-tier veranda, which wrapped around to the right side of the house” (Wood, 1989). While most historic homes in the area have been constructed during the 19th Century, this building denotes “an important link to Mandarin’s architecture” (Wood, 1989).

Shortly after getting married in 1906, this house, on 25 acres of land, was built for Fleming H. Bowden and his growing family. Bowden had many different occupations during his life and was a very prominent figure around the area. He was a blacksmith, working out of his barn behind the house, and a vegetable peddler. Riding around Mandarin in his horse-drawn wagon, Bowden would spend the day going to various truck farms (small farms with the intentions of growing crop solely for the market) and buy produce to be hauled up to Jacksonville (Wood, 1989).

According to “Jacksonville’s Architectural Heritage” (1989), after loading up his wagon with vegetables and other fruits in the afternoon, the trek to the River City was done at night. Bowden would sleep at the reins of his horses as they traveled down a “long sandy road.” Waking up by the clatter of the brick pavement was how he knew he arrived to his destination in South Jacksonville (part of the present day San Marco area, this used to be its own town, much like Mandarin in the mid-1800s) to catch

the ferry into downtown. I can only assume that this long sandy road referred to is present day San Jose Boulevard and Hendricks Avenue...how times have changed.

In 1921, with the opening of the St. Johns River Bridge, Bowden bought a couple of Model-T Fords to make the journey a little easier. It is said he was one of the first to own a car in Mandarin. His most noteworthy job was serving as the Duval County Supervisor of Elections for 21 years until his death in 1964 (Wood, 1989).

Fleming Bowden had seven children, all of whom were born in this house. In speaking with Suzanne Bowden Hardison, one of Bowden’s grandchildren, she explained that her father, Upton Bowden, one of the Bowden seven, would hide in “secret closets” in the house when being babysat by his two sisters. His sisters would be in a panic thinking they lost him during their watch — a classic sibling prank.

Bowden’s granddaughter described him as a friendly man. Outside of his life as a public servant, the hobby he was most fond of was farming. He was not one to shy away from working in the dirt, hand tilling the ground to help the citrus trees grow on his land. Some of his equipment he used is on display in the 1876 Barn in Walter Jones Historical Park.

Today, this home and land is currently up for sale. Like with most houses that are more than 100 years old, this place needs a little tender loving care. It is buildings like this that make Mandarin, Mandarin. Surrounded by huge pecan

trees and bordered by a classic white wooden fence, this home and the rest of our historic farmhouses give our community our identity — deserving our utmost attention in preserving them for generations to come.

Brett Nolan is a volunteer with the Mandarin Museum & Historical Society. Visit www.mandarinmuseum.net for more information about Mandarin’s history.



Photo courtesy Mandarin Museum & Historical Society

The Bowden house.



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Get to Know . . .

By Angela Higginbotham
angela@floridanewsline.com

Abigail Fixel

Upcoming Mandarin High School freshman Abigail Fixel is steadfast and passionate about inspiring children in the community. An honor student and former class president, Fixel is wise beyond her years and lives up to the “Go big or go home” sentiment that her mom, Rebecca Fixel, often reminds her of. Last year at only 12 years of age, Abigail Fixel set her sights on running a musical theater camp for kids who may not have an opportunity otherwise to participate in a theater program. Fixel raised money on her own and found a location to hold Camp Fixel. She partnered with a non profit that introduces arts to foster students and together they worked to bring Fixel’s vision to reality. She recently completed her second Camp Fixel and next summer’s camp is already in preparation.

“Since we already have a location, we can focus on raising donations for next summer’s camp. It costs about \$5,000 to run the camp for two weeks,” Fixel said. “My mom and other volunteers help me so much. I couldn’t do this without volunteers each summer. The kids don’t really listen to a 13 year old, so it’s important to have help.

Fixel enjoys living in Mandarin with her mom and their three cats.



Photo courtesy Rebecca Fixel
Abigail Fixel and friends from Camp Fixel.

1. What do you enjoy most about spending time with kids in the community?

Community theater programs and performing music have been proven to increase confidence, memorization skills and boost grades. I enjoy seeing the kids happy and having so much fun. At Camp Fixel we have a performance at the end of the two week camp. This year we did “Twinderella the Musical” and there were 100 people in the audience. We had 31 parts, so every child received a part.

2. What are your future goals?

My dream is to franchise Camp Fixel, so that many more children will have the opportunity to learn about musical theater. I would like to become a lawyer on day. I’m also interested in politics and I would love to continue doing theater on the side as an adult.

3. What do you enjoy doing in your spare time?

I enjoy school, reading and spending time with with my mom.

4. What are you looking most forward to about entering high school?

I’m going from a class of fewer than 10 to a class of approximately 900, so it will be a big change but I’m excited. I’m really looking forward to high school music and theater productions classes.

5. What book would you consider as your favorite?

I could never pick just one book. The Harry Potter series, The Selection series and Throne of Glass series are all my favorite. I basically have a library in my bedroom with my own version of the Dewey Decimal System.

Diver cont. from pg. 1

doing is having fun in everything from learning new dives to qualifying for nationals.”

Coppedge won the gold medal on the 1m springboard and the silver medal on the 3m springboard at the regional competition in May. She maintains a vigorous training schedule, but enjoys putting in hard work for a sport she’s passionate about. Coppedge practices up to five days per week at various pools throughout Jacksonville as well as an indoor dry land training facility operated by Atlantic Coast Diving.

With a skill set of some of the most difficult dives shown by divers in her age group on both the low and high boards, she also often travels to train because there is not currently a 3m facility within the Jacksonville area. Training trips to other pools with 5m and 10m platforms are a necessary addition to her training.

Coppedge lives in Mandarin with her parents, Lisa and Joe Coppedge, and her younger brother, who is also on the swim team at Bolles. She has shown tremendous bravery and work ethic over the past few months and her family could not be more proud.

“I get emotional talking about it,” her mother Lisa Coppedge said. “She’s only been doing this for a year and a half and to make it to nationals is a huge accomplishment. I am a former diver and Laurel gets to train and compete in some of the same pools that I did as a kid.”

In May, Coppedge spent a week at the Moss Farms Diving Camp in Moultrie, Ga., and was awarded the honor of “Diver of the Week” based on her work ethic, positive attitude, and the fact that she learned the most new dives of any camper. Coppedge learned 16 new dives in one week.

Coppedge’s family attributes her tremendous growth to her coach, Courtney Gills of Atlantic Coast Diving. With the national championships just around the corner, Coppedge is thrilled to explore what the future holds for herself and the sport of diving.

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Campers enjoy variety of specialty camps

By NewsLine Staff
mail@floridanewsline.com

ing dodgeball and four-square.

Faculty and staff led specialty camps included Mrs. Bryan's 20th annual Art Camp, Mrs. Nunley's Harry Potter inspired Camp for Muggles, Mrs. Weaver's STEAM Camp, Mrs. Balek's Lego WeDo Robotic camp, Mrs. Monger's American Girl inspired camp, Mrs. Luers Scooby Doo inspired Mystery Camp. Twelve campers earned certification in CPR, babysitting safety and first aid. Other campers made their own clothing in Mrs. William's sewing camp or practiced their basketball skills in Coach Buckholtz basketball camp.



Charlotte Smith and Emily Cumisky at Mrs. Bryan's 20th annual Art Camp.

Summer campers at San Jose Episcopal Day School enjoyed a variety of specialty camps this summer. Activities included water day, a visit from JFRD Station 21, making slime, baking cupcakes, brownies and other treats, creating obstacle courses in the gym and play-



John Van Rooy, Lydia Van Rooy, Samantha Taylor, Summer Stalvey, Seth Stalvey, Parker Laurin enjoy refreshing popsicles. Photos courtesy Amy Blumstein

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7 ways to make mornings less hectic

By NewsLine Staff
mail@floridanewline.com

Feeling rushed in the morning is a recipe for added stress. Rushing through things is a poor way to begin a day, and those feelings of uneasiness can put a damper on the rest of the day ahead.

Making mornings less hectic involves a few different strategies that parents and kids can easily incorporate into their daily routines.

- Wake up slightly earlier. Getting up earlier than normal, even if it's just 15 to 20 minutes before you're accustomed to getting out of bed, can help reduce morning stress. Resist the temptation to hit the snooze

- Get some work done the night before. Prepare lunches the night before and

have them ready in the refrigerator. In addition, lay your clothes for the following day out each night. This saves time and takes a couple more things off your morning to-do list.

- Ease back into a routine. As a new school year dawns or a long vacation comes to an end, begin going to bed earlier and start waking up earlier as

well. This can make the transition from carefree mornings to busy mornings go more smoothly.

- Prep backpacks in the evening. Look through folders, sign paperwork, check assignments, and do whatever is you need to do the night before to save your

Less hectic mornings cont. on pg. 12

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Less hectic mornings cont. from pg. 11

family from having to scramble in the morning. This ensures those permission slips get signed and items make it back into school bags.

- Opt for school lunch a few times. Look ahead on the school lunch menu and speak with children about which meals they enjoy. Let kids purchase school lunch on those days to give yourself a day off from lunch detail.
- Have quick breakfast foods available.

Smoothies, cereal bars, oatmeal, and whole-grain cereals are fast and nutritious ways to start the day.

- Carpool whenever possible. Busy families can save themselves extra work by proposing a neighborhood carpool. Sharing school drop-off detail frees time up for parents once or twice a week, and kids may enjoy traveling to school with their friends.

School District update provided by School Board member Lori Hershey

- Loretto Elementary, Twin Lakes Academy Middle and Atlantic Coast High School all moved up one letter grade. Loretto earned an A. Twin Lakes Academy Middle earned a B and Atlantic Coast an A. All schools in District 7 are A/B schools!
- Mandarin High School, Mandarin Oaks Elementary and Bartram Springs are recognized as a School of Excellence. This designation is awarded after earning two consecutive "A" grades.
- Duval County remains a B district, but only one percentage point from becoming an A district. (One percentage point means the district is 11 points away from earning its first A.)
- I will host a community meeting on Thursday, Sept. 20 at Mandarin Oaks Elementary from 6 p.m. – 7 p.m.

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Third Thursday Lecture to highlight Harriet Beecher Stowe

By NewsLine Staff
mail@floridanewsline.com

The Third Thursday Lecture on Aug. 16 will focus on Harriet Beecher Stowe and the 150th anniversary of her move to Mandarin. Emily R. Lisska, a Jacksonville native, president of the Florida Historical Society and the former executive director of the Jacksonville Historical Society, will be the presenter. In the 1990s, Lisska chaired the restoration of the 1872 Mandarin School, built through the efforts of Harriet Beecher Stowe. Lisska is currently president of the Mandarin Community Club, a 95-year old organization that owns Stowe's 1872 school.

Harriet Beecher Stowe was arguably the most famous woman in the English-speaking world when she arrived in Mandarin, Fla. The year 2018 marks 150 years since author Harriet Beecher Stowe took up residence in her quirky Mandarin home, a home encompassed by live oaks and nestled in an orange grove in the village some 15 miles south of Jacksonville. She wintered there until 1884.

In Mandarin, Stowe found both the paradise and projects she so eagerly

sought, including projects to build a school for the village's children, continue her literary career, enter the citrus business and promote Florida. The presentation explores events in Stowe's life that infused her persona and led her to her Mandarin paradise. Also discussed is Stowe's North Florida life, including her many projects and her often overlooked literary achievements and disappointments during "the Mandarin years."

Third Thursday Lectures are presented by the Mandarin Museum & Historical Society, in partnership with the Mandarin Community Club, and held in the historic community club at 12447 Mandarin Road. Refreshments start at 6:30 p.m., followed by the lecture and Q&A beginning at 7 p.m. The event is free and all are encouraged to attend.

Visit www.mandarinmuseum.net or call (904) 268-0784 for more information. Visit www.mandarincommunityclub.org to learn more about the Mandarin Community Club.

Tech tips, small business help, less stress — library brings it!

By Kaylee Burke
mail@floridanewsline.com

Even with Alexa creating our grocery lists and Siri answering our questions instantly, there's no substitute for spending time with an expert to learn today's rapidly changing technology. Fortunately, the library has created special programming for ages 50-plus to help get (and keep) all adults up to speed in the tech world.

Tech Help for Adults will be held from 10:30 a.m. – 12:30 p.m. Aug. 4 at Mandarin Library and Aug. 18 at South Mandarin Library, and will focus on everything from phones to laptops to tablets. Adults will gain confidence using their gadgets independently, and will learn how to place holds, check out books, and access library resources online. In the class titled "iPhones and iPads for Adults," Aug. 10 from 10:30 a.m. – 12 p.m. at South Mandarin branch, knowledgeable staff members will give tips and answer questions so customers can learn how to use their digital devices efficiently. Customers are encouraged to bring in their personal devices.

In today's hectic world, focusing on self-care and mental clarity is more important than you think, and meditation is a great place to start. According to the Huffington Post, practicing meditation regularly can lead to more productivity at work, reduced anxiety and stress in the brain, and an increased flow of creativity and new ideas. On Aug. 11 and 25 from 1 p.m. – 2 p.m., you are invited to attend South Mandarin's Heartfulness Relaxation and Meditation Workshop, an hour-long program that will teach you how to

relax and find a state of peacefulness in both your inner and outer worlds.

If you've always dreamed of starting your own business, the library is your best resource. An informational workshop, Small Business Databases to Help Entrepreneurs, offered Aug. 18 from 2 p.m. – 3:30 p.m. at South Mandarin Branch Library, will cover how to start, finance and manage a business. The program will guide you through indispensable databases, show you how to obtain demographics for your product or service, and give you access to sample business plans.

Ready, set, read! School children aged seven – 12 will love reading "Calvin Coconut: Trouble Magnet" by Graham Salisbury at Mandarin's Kids Read program Aug. 18 from 2 p.m. – 3 p.m. They'll discuss the book, learn why good behavior is cool, and do a fun related craft. Younger kiddos aged five to seven will see how Justin learns to cheer on his sister in Tony and Lauren Dundy's children's book "Go, Jade, Go!" at Mandarin's Book Talk, Book Walk program Aug. 25 from 2 p.m. – 5 p.m. Children will consider the importance of supporting family and friends in their endeavors, understanding that everyone excels at different things, and partake in an activity pertaining to the book.

Find information about additional upcoming events at Mandarin and South Mandarin branch libraries at jaxpubliclibrary.org/events or call the Mandarin Branch Library at (904) 262-5201 or the South Mandarin Branch Library at (904) 288-6385.

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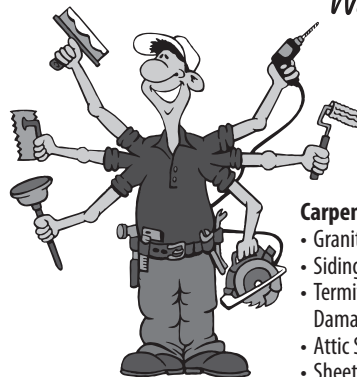


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Local ophthalmologists first to offer Laser Vitreolysis in North Florida

By NewsLine Staff
 mail@floridanewsline.com

Clay Eye Physicians & Surgeons is the first practice in North Florida to offer Laser Vitreolysis, designed specifically to treat “eye floaters.” Seventy percent of people will have floaters in their lifetime. Floaters are not just an annoyance; they can interfere with daily tasks such as reading, watching TV or driving. While floaters are part of the normal aging process, under the right circumstances, they can effectively be treated.

The doctors at Clay Eye Physicians and Surgeons describe the source of floaters as the breakdown of the clear gel of the eye, known as the vitreous. Most eye floaters are normal and caused by age-related changes that occur as the gel turns to liquid. Microscopic fibers within the vitreous tend to clump and can cast tiny shadows on your retina, called a “floater.” In the right population, this laser offers a high degree of patient satisfaction and a low rate of complications to eliminate floaters.

Laser Vitreolysis is the latest tool available to help patients live their lives with less visual disruption.



Photo courtesy Clay Eye Physicians and Surgeons
 Laser Vitreolysis machine

Clay Eye Physicians and Surgeons, with offices in Mandarin, Orange Park, Fleming Island and Riverside, offers comprehensive eye care in the following specialties: glaucoma surgery, diabetic eye disease and macular degeneration, laser cataract surgery, laser floater lysis, cornea surgery, medical retina, LASIK surgery, cosmetic eye procedures, pediatric ophthalmology, and pediatric and routine eye exams. Visit www.clayeye.com for more information.

American Heritage Girls builds “women of integrity”

By NewsLine Staff
 mail@floridanewsline.com



Photo courtesy Dee Shera.
 American Heritage Girls Troop FL1512 meets at Christian Family Chapel.

Chartered with Christian Family Chapel at 10365 Old St. Augustine Road, American Heritage Girls Troop FL1512 has helped the local community in numerous ways — from placing wreaths at the headstones of fallen soldiers at Jacksonville’s National Cemetery, to spending time at local nursing homes visiting with residences and making them smile. Troop members take part in camping weekends, local events, and many other activities. The American Heritage Girls program helps to foster these principles with badge work that focuses on core values and life skills.

This troop has been a part of the Mandarin and Fruit Cove area for five years and they are getting ready to kick their year off again with an open house on Thursday, Aug. 9, at 6:30 p.m., in room E7 at Christian Family Chapel. Young girls, in kindergarten through 12th grade, are invited to stop by and learn more about the troop. American Heritage Girls is the premier national character development organization for young women that embraces Christian values and encourages family involvement.

Contact the troop coordinator, Christine Lobetti, at christinelobetti@outlook.com for more information.

Gardening

Summertime ... says it all

By Lesley Arrandale
mail@floridanewsline.com

Boy, has it been hot! Across the country high temperatures are breaking records. On a positive note, there is the potential for an El Nino weather pattern to build, so the hurricane season in the Atlantic could be less active than usual (<https://tinyurl.com/yaxslv4>).

The July-August edition of *A New Leaf* is out now: <https://tinyurl.com/y7bpghof>. It's a great resource for timely information on what to do in the garden, as well as activities at the Extension office. In this edition, summer vegetables are covered in detail, as well as some of the pests and diseases that we can encounter at this time of year. Lawns in particular can succumb to fungal problems when summer rains set in, so it pays to be watchful (see <http://edis.ifas.ufl.edu/lh064>).

On Aug. 18, there will be a fall gardening class at the Extension office, offering participants the opportunity to learn what cool season vegetables grow well here, and also — the really excellent bit, in my view — they will take home a seed tray of assorted vegetables they have sown themselves. Registration and prepayment (\$15) are required. Visit <https://tinyurl.com/ybeo4wr3> to register and pay online. Or call (904) 255-7450 to register.

If you are buying milkweed, don't shun plants that have a few aphids (small yellow-orange insects that cluster around stems and beneath leaves). In this instance it's a good sign, as it means that the nursery that grew them hasn't treated

them with insecticides. Monarch butterfly caterpillars don't survive on plants that have been treated, especially if the insecticide is a systemic like a neonicotinoid. If aphids begin to take over, simply wash them off with plain water or squash them, taking care not to damage any tiny monarch caterpillars or eggs. Interestingly, there are tiny wasps that parasitize aphid nymphs by laying their eggs in them: <https://tinyurl.com/y9pn2dya>. The aphids turn into empty brown husks once the wasp larvae have hatched and eaten their hosts, and the plant is fine.

If your summer annuals are flagging, either shear them neatly or deadhead them, depending on their growth habit, and give them a liquid feed. They may take time to respond, but this will encourage them to keep flowering. If you applied a slow-release fertilizer in spring it will need replenishing, so go ahead with another application after the liquid fertilizer. Alternatively, top-dress regularly with good homemade or commercial compost, spreading it over the root area, and keeping it away from the plant stem.

Why not take a break from the heat, and check out some online catalogs. It won't be long before it's time to plant bulbs. And if you intend to sow wildflowers in your yard, check out www.floridawildflowers.com/. Many wildflower seeds germinate better if we follow their natural life cycle and sow their seeds in the fall, whether in the ground or a seed tray, and they will get a head start next spring.

Master gardeners hold appreciation celebration

By Betty Waldrep
mail@floridanewsline.com

Terry Del Valle, horticulture extension agent at UF/IFAS Duval County Extension, was honored by the Master Gardeners of the Mandarin Demonstration Gardens and Heritage Gardens at Mandarin Garden Club on June 20. Del Valle has served in this position for 35 years and is retiring in November. She was presented with a plaque honoring her years of service and work with the Master Gardeners of Duval County and a plaque celebrating her work with Mandarin Garden Club and the Demonstration Gardens has been placed in the club's Native Garden (the front garden.)

The Master Gardeners work in the demonstration gardens twice a month (and sometimes more often.) By working in the gardens, the Master Gardeners learn which plants grow best in our soil and weather, how to combat harmful insects and how much water is



Photo courtesy Candace Barone

Terry Del Valle and Mary Howe, the two people who were instrumental in starting the Demonstration Gardens at Mandarin Garden Club.

really needed. They can then pass this knowledge and expertise along to the community.

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Why I'm running for Tax Collector...

By Jim Overton

Public service is more than a job to me

I am committed to serving the citizens of Duval County. Helping people understand how their government works, and giving them access to the tools and information they need as citizens is a rewarding position. Additionally, I value the dedication, competency, and professionalism of the staff working within public departments. Public service has been the greatest honor of my life – and I have acquired solid experience and perspective about being a good steward to all the people of Jacksonville. That is why I am in the race to become Tax Collector in August.

The Tax Collector's Office is remarkably complex

It benefits from being led by a person with a track record in management, a sound understanding of our tax system, and strong relationships across other city and state departments. The office staff handles 1.8 million annual transactions for 32 different taxing authorities, and \$2 billion flows through the office from 90 different functions including driver's licenses, tags, fines and fees, as well as the property tax. Operations span 10 branches with 260 employees plus another 50 part-time workers. Heading the organization is a multi-faceted management job critical to the city welfare.

A management track record

I have extensive management and leadership experience in both the private and public sectors. My background includes running a family-owned electronics business, launching a new venture in television production, and representing District 14 on the Jacksonville City Council. As a member of City Council, I was elected president and served on every standing committee. I also chaired both the Finance Committee and the Rules Committee. I bring a private-sector view to public office, and am motivated by innovation, good customer service, and fiscal responsibility.

A sound understanding of our tax system

A life-long resident of Jacksonville and longtime public servant, I understand – and know how to apply – Florida statutes and tax laws for the benefit of the people of this city. As Property Appraiser from 2003-2015, I was responsible for a tax roll of nearly \$100 billion through the heights and depths of a recession. The real highlight of the job was working with a large, talented staff to transform the office culture. Working together, we established a more flexible organization, with agile teams responsive to the public.

Strong relationships across city and state departments

As Tax Collector, I will approach the job applying the same principals of professionalism and progressiveness that underpinned my success as Property Appraiser while using the knowledge gained from a graduate degree in Public Administration, a deep understanding of local government, and my demonstrated commitment to the communities in Duval County.

Plan for the Tax Collector's Office

As Tax Collector, I will hit the ground running...no on-the-job training using your tax dollars. The previous Tax Collector was a steady hand who approached the job in much the same way I propose. The office has an excellent staff, many of whom I know personally from working with them while I was Property Appraiser. The challenge for this large organization is mapping out and implementing a path of continuous improvement, particularly in the context of fast-changing technology. Better outcomes are achieved with the right technology deployed appropriately. The office must retain skilled and motivated staff to ensure excellent service delivery. And, importantly, improvement comes from the partnership of innovative, experienced and competent leadership combined with motivated employees.

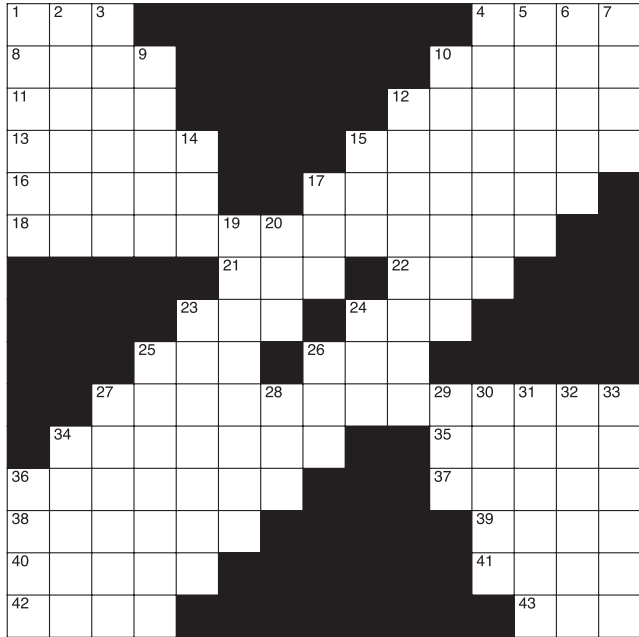
If you're interested in seeing more information, or getting in touch with me, please check out www.jimoverton.com. Thank you for your VOTE on election day, August 28.

Paid for by Jim Overton, Republican, for Duval County Tax Collector

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Puzzles

Answers to puzzles on page 3
Provided by MetroCreative



- CLUES ACROSS**
- Political action committee
 - Where sauces cook
 - Type of horse
 - Heavy sword (Brit.)
 - ___ Nui, Easter Island
 - A type of burner
 - Spanish island
 - Rapid alteration of a musical note
 - Where priests work
 - Most impoverished
 - Tom Petty's band
 - Luke's mentor ___-Wan
 - No longer is
 - Mandela's party
 - Legislator (abbr.)
 - A type of "zebra"
 - The common gibbon

- American icon
- Hunting expeditions
- What a princess wears
- Switched gears
- Protege to Freya (Norse myth.)
- Serves
- Darken
- Fencing swords
- Middle English letter
- Go slowly
- A type of flute

- CLUES DOWN**
- One who is rejected
 - Suitable for crops
 - Per ___, each
 - Indulges
 - Preoccupy
 - NIN frontman Reznor
 - Posted
 - Infamous Ukraine village
 - Bizarre
 - One who loves to read
 - The products of human creativity
 - Extinct flightless bird of New Zealand
 - Famed Chinese American architect
 - These can be used to burn trash
 - Corpuscle count (abbr.)
 - Pokes holes in
 - Peter's last name
 - Offered as a prize
 - French river
 - Young woman
 - A pot has one
 - Of the ears
 - Full of parasites

- Dole out incrementally
- Citrus fruit
- Hearty
- External form
- Turn violently

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CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to baseball.
Each number corresponds to a letter.
(Hint: 22 = e)

A. 13 25 12 22
Clue: Safe place

B. 12 23 1 10 22
Clue: Tally

C. 20 18 24 6 10 22
Clue: Official

D. 26 11 14
Clue: High hit

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 U H W U G P I C K O F F I K L A W W N H
 H D L E I F N R E T N E C N G A K T O C
 C F A A N R W N T D B A T T E R A F M T
 N T H R P O M G S A V E F L P P C A B A
 E G V E M B U A U I V B W B O H T L W A C
 B D E E N M T P I T C H E R S U S M G A B B
 G S S D P F I K B R L H H O D A R C R A
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 R I S H D P S G V S P E U I U T S N K U
 U R D A E L A V L W I B I U L L M K G T
 N N U E M I T R E V O S A L U A L U L S
 O A K N H A T A V T K M S S E A E P W N
 C C O A C H O U F C K M D A E R G T E T
 N E E L W U W I O O E R R O R S S S S N

WORDS

- ASSIST
- BALK
- BASEMAN
- BASES
- BATTER
- BENCH
- BULLPEN
- CATCH
- CENTER FIELD
- CHANGEUP
- COACH
- DEFENSE
- EARNED
- ERROR
- GRAND SLAM
- GROUNDOUT
- HITTER
- HOME RUN
- INFIELD
- INNINGS
- LEAD
- MANAGER
- OFFENSE
- OUT
- OUTFIELD
- PICKOFF
- PITCHER
- PLATE
- RELIEF
- RUN
- SAVE
- SHORTSTOP
- SLIDER
- STEALING
- WALK

Find the words hidden vertically, horizontally, diagonally, and backwards.

Fishing

Capt. David's Fishing Report

By Captain David Lifka
mail@floridanewline.com

Every year at this time, white and brown shrimp larvae that have been inhabiting creeks and estuaries of the St. Johns River begin their annual

journey in search of ocean waters. Now as juvenile shrimp, they leave the fresh and brackish water nursery grounds of the river behind them as they seek

warm ocean waters to spawn as adults. In a matter of weeks during their journey the size of these young shrimp will increase immensely. Once the ocean spawn has taken place, a new round of shrimp larvae will find their way to the very same fresh and brackish waters for yet another new life cycle of brown and white shrimp.

For many years we have come to expect this life cycle of shrimp on the St. Johns. In our particular area of the river we just know it as shrimping season, which comes highly anticipated each year in hopes of great bounty of fantastic tasting shrimp. In North Florida we catch shrimp differently than other parts of the state. While many areas of the state will use dip nets at night, we use cast nets for both daytime and nighttime shrimping.

Once the most popular way to shrimp around here was nighttime shrimping, which has now taken a back seat to daytime shrimping. In most cases, daytime shrimping only requires a platform to throw your net (usually from a boat), and deeper water to shrimp in (usually 15 to 25 feet). A store bought webbed net or duct taped cast net is the best way to catch shrimp when throwing in deeper waters as the webbing helps hold the net open on its way to the bottom. Some of the more popular locations to look for shrimp in the river are Doctors Lake Bridge, Mandarin Point, Switzerland Point, Shands Bridge, and the mouth of Bulls Bay (Julington Creek). Locations to daytime shrimp without a boat include numerous area seawalls, such as the North Bank downtown Jacksonville, Old Shands Bridge in Orangedale, and city docks and seawalls in downtown Palatka.

Most nighttime shrimping is done from docks these days, although a boat will work just fine. The biggest difference from daytime shrimping (besides being dark) is that you shrimp in shallow water depths of three to six feet. Also lighting and baiting the area will be needed to attract shrimp. A combination of fish meal or cat food mixed with flour are the ingredients required for making dough balls for chumming.

Fishing Report: Time to shrimp. Try different tides and depths. Freshwater bite and croaker bite should be strong. Marker 18 at Green Cove is still a best bet.

Whether you catch one, some or none, the family time spent fishing will last a lifetime.

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Saturday Aug. 4th

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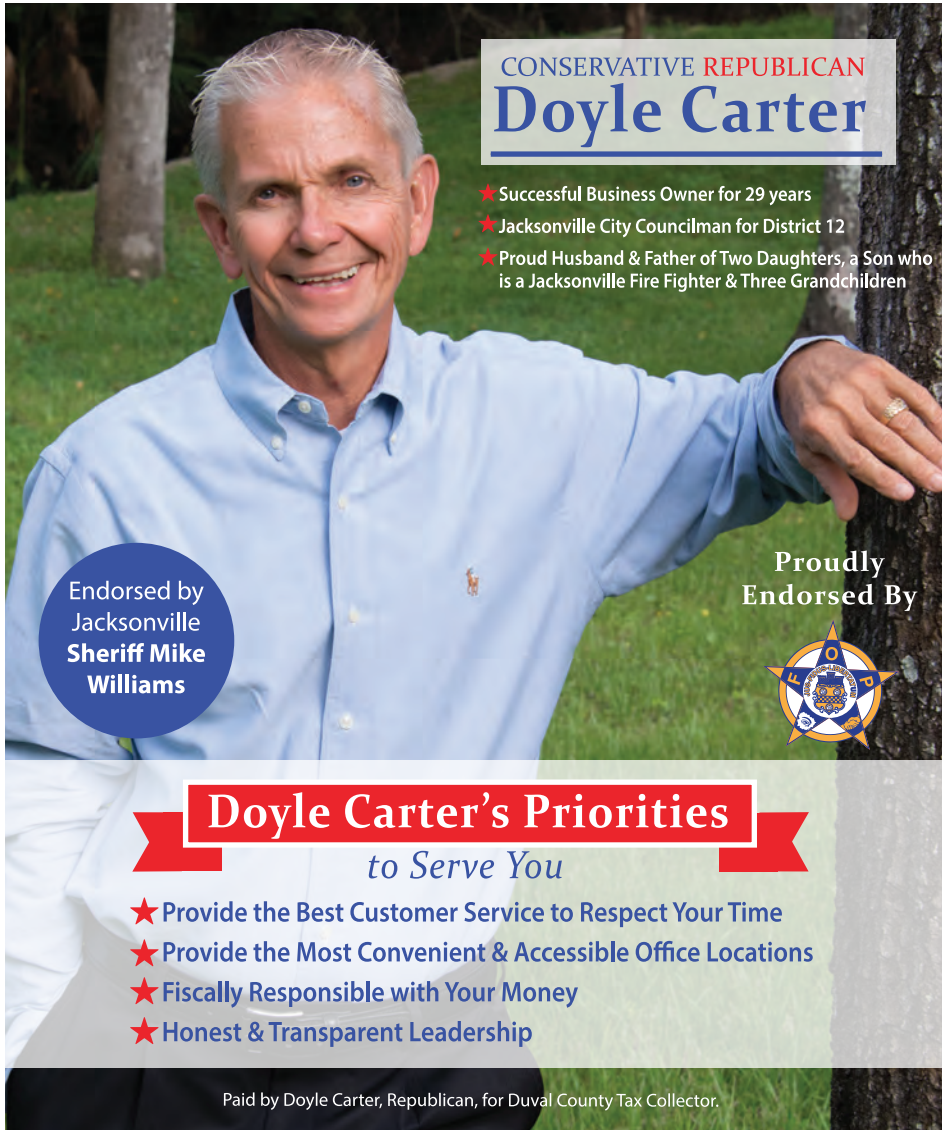
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Travel

Terracotta Warriors Unearthed

By Debi Lander
mail@floridanewsline.com

In 1974, two peasant farmers digging a well in their field discovered one of the top ten archeological sites of all time. The remarkable story has fascinated me for over 40 years, and I recently went to Xi'an, China to see the Army of Terracotta Warriors for myself.

The Terracotta Army is a collection of life-sized clay sculptures depicting the soldiers of Qin Shi Huang, the first Emperor of China. No two look alike and researchers believe the contingent to be 8,000 strong with accompanying horses and chariots. The army was buried with the emperor in 210 BC, to protect him in his afterlife. Recent studies using ground-penetrating radar suggest the army is just part of an extraordinary necropolis, approximately 38 square miles, of which only a small portion has been uncovered.

The tombs lie about an hour's drive from Xi'an, in Shaanxi Province, China's central region. Many hotels and tour groups arrange visits to the UNESCO World Heritage site. After arriving, I first explored the Mausoleum Museum. Its treasures include two intricate bronze chariots, each with four horses and charioteer found near the terracotta soldiers' underground pits. The bronzes are half life-sized and clearly detail the clothing, mechanics, and horsemanship of the ancient world. The museum also gives visitors a 360-degree close-up view of various ranking terracotta soldiers and their bronze weapons.

Our guide headed us first toward Pit 3, site of ongoing excavations and saved the best for last — the immense Pit 1. Starting into Pit 3, I looked down into deep earthen rows containing broken fragments. Unfortunately, time, water and land shifts caused the sculptures to topple and break. The complexity of brushing away layers of dirt, carefully extracting pieces, and finally reconstructing the soldiers is painfully slow.

Pit 2, although small, displays all the types of terracotta warriors found so far, including infantries, cavalries, chariot warriors, and archers arranged in formations. Pit 1 simply takes your breath away. The size of the Quonset hut-like building itself overwhelms;

the behemoth enclosure could fit two of the largest jumbo jets. The warriors stand tall, each five to six feet tall weighing between 300 and 400 pounds. Legs and feet form a solid base, but the rest of each figure is hollow. Torsos, arms, hands, and heads were molded separately then attached, with final details added later. Apparently, each warrior has its artist's name etched into its foot to make sure the work met standards.

Squadrons of soldiers, divided by solid partitions, stand ready to march or mount their nearby horses, also made of clay. The assemblage feels both creepy and awe-inspiringly magnificent. The realistic faces, especially their eyes, project piercing looks. Glance away, and the army might start advancing at any moment.

Originally each figure was painted, but once the terracotta fragments are exposed to oxygen, the paint begins to decompose and flake off. For this reason, future work has stalled.

Intrigued by this massive project, I learned that more than 700,000 people were enslaved for the 36 – 38 years it took to build the Emperor's self-indulgent tomb. Even worse, upon his death, the grave was covered over, and the workers killed to keep anyone from revealing the location. Some, including numerous concubines, were buried alive. All was left undisturbed for centuries while the warriors silently kept guard for the Emperor in his afterlife.

Now it's your turn to see how this extraordinary place has come back to life.

Visit www.bylandersea.com to read more of local travel writer Debi Lander's stories and travel tips.



Photos courtesy Debi Lander
Facing the Terracotta Army in Pit 1.

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